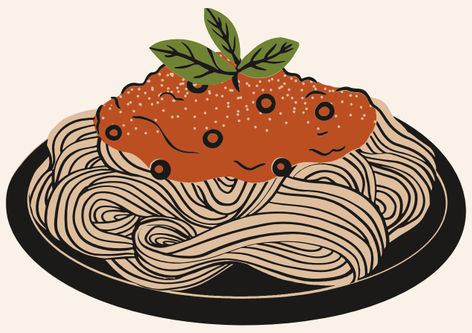
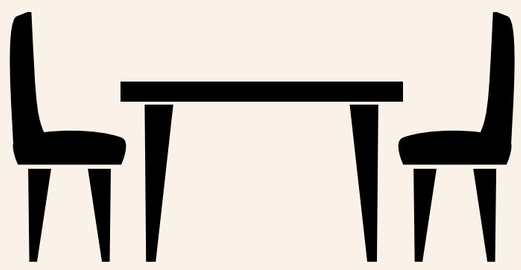
Ellyn Satter's

Division de Responsabilidades

Responsabilidad de los papas

1 

QUE comida se ofrece

2 

DONDE se come

3

CUANDO se ofrece
una comida o snack

Responsabilidad de los niños

1

CUANTO comer

2

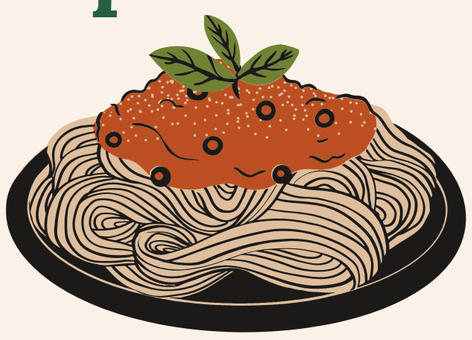
QUE comer

PARA MAS INFORMACION, POR FAVOR VISITE:
HTTP://ELLYNSATTERINSTITUTE.ORG

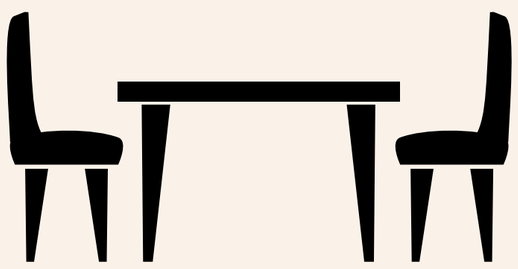
Ellyn Satter's

Division of Responsibility

Parent's responsibility

1 

WHAT to serve

2 

WHERE to serve it

3

WHEN to serve it

Child's responsibility

1

WHETHER to eat

2

If so, HOW MUCH

FOR MORE INFORMATION, VISIT:
HTTP://ELLYNSATTERINSTITUTE.ORG