

SEPTEMBER 2025

EARLY HEAD START 0-12 MONTHS FAMILY ENGAGEMENT HOME PROJECT

Childs
Name: _____
Site: _____
Class #: _____
Teacher Signature: _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
	Enjoy the day off ☺ Holiday Labor Day!	2. Call your baby's name from a distance so he can practice locating your voice. Cut out one picture from magazines and glue it on a cardboard and do the same with the pictures. Post on LG or give to teacher.	3. Find 3 of your baby's favorite toys. Use them to guide your baby's vision. Encourage baby to follow the object with his eyes. Post on LG or give to teacher.	4. Place your baby on their back and sing it a song. As you sing, tap the bottoms of their feet in time with the song. Post on LG or give to teacher.	5. Cut out pictures from magazines. Glue them on construction paper. Make a book and show the pictures to your baby. Describe the pictures. Post on LG or give to teacher.	6. Give your baby different fabrics to feel and use words to describe such as "Smooth" or "rough". Make a little fabric book for child. Post on LG or give to teacher.	
		20 Mins	20 Mins	15min	30 Mins	30min	
7. Gather different types of pieces of fabric. Ex: scarfs, cloth or a diaper. Throw one item at a time into the air. As it floats down encourage your baby to catch it. Post on LG or give to teacher.	8. Imitate sounds that your baby makes, especially repeated sounds like da-da-da or ma-ma.	9. Offer toys that your baby can close her hands around. If she drops it encourage her to grab it again. Post on LG or give to teacher.	10. Move a toy so that your baby will try to turn his head in order to keep the toy in sight. Post on LG or give to teacher. 	11. Infants are entranced with seeing images of other babies—including (and perhaps most especially) their adorable selves. Show your baby their reflection in the mirror, then ask, "Who is that?" Repeat with your reflection and then a sibling's or a stuffed animal's. Mirror play can help with visual development and boost a baby's social skills. Post on LG or give to teacher.	12. Pick one of your favorite childhood songs that your mother used to sing to you. Write on a piece of paper. Decorated with your child's pictures and posted near his crib. Sing it every time you can. Post on LG or give to teacher.	13. Take your baby to explore outside and talk about the things they hear and see. Then have your child scribble on paper. Post on LG or give to teacher.	
20 Mins	No Time Allowed	15 Mins	15 Mins	20min	30 Mins	20min	
14. Make a feeling book with your child pictures. Show them happy, sad and mad. Post on LG or give to teacher.	15. Make a mystery box. Collect some of your child toys and put them inside and have them pull them out and name them after. Post on LG or give to teacher.	16. Use empty oatmeal containers and use paint for your child to paint them with their hands and feel the texture of the paint. Then use paper and have them do paint print on paper. Post on LG or give to teacher. Post on LG or give to teacher.	17. Gather different types of pieces of fabric. Ex: scarfs, cloth or a diaper. Throw one item at a time into the air. As it floats down encourage your baby to catch it. Post on LG or give to teacher.	18. Gather several pieces of material with different textures. And make square blocks then, hold baby upright (with hands under baby's arms) with baby's feet touching one of the fabrics. Try a few different fabrics to see which textures she/he prefers. Post on LG or give to teacher.	19. Use an empty oatmeal container. Cut out pictures from magazines and glue them on the container. Ex: animals, toys, cars, etc. Encourage baby to roll the container and you named the pictures. Post on LG or give to teacher.	20. Visit the library. Pick books and read to your baby. 	
20min	20min	15 Mins	15 Mins	30min	20 Mins	No Time Allowed	
21. Encourage your baby to look into your face and tell him how much you love him every day. Cuddle your baby in your arms and express your love.	22. Play soft music. Sit your baby on your lap. Take one hand and move it in a circular motion. Take her other hand and do the same. Say the word circle. Make circles up and down. Take a picture and share	23. Use a small ball and a plastic container or bowl. Sit the baby in front of the container/bowl. Encourage baby to drop the ball inside the container. Praise your baby.	24. Explore the outdoor. Place your baby in a grassy area. Encourage baby to crawl. Add toys around your baby to encourage him to crawl. Talk about the texture of the grass.	25. Visit any restaurant. Make a toy using a straw and putting several lids from the cups. Encourage baby to take off the lids from the straw. Praise baby when he's able to do it. Encourage baby to put the lids into the straw. Post on LG or give to teacher.	26. Place your baby on tummy time. Place a mirror in front of her. Encourage child to look into the mirror while you point to her face. Name the parts of her face. Eyes, nose, mouth, etc.	27. Decorate two different small boxes with two different colors of paper. Put both boxes in front of your baby. Pick up one box and name the color. Put the box behind your back. Encourage your baby to find the box	
No Time Allowed	20 Mins	20 Mins	No Time Allowed	20 Mins	No Time Allowed	20 Mins	
28. Cut little fish shapes from a kitchen sponge. Slide them into a gallon-size re-sealable plastic bag. Fill the bag with water (add a few drops of blue food coloring, if you'd like). Place the bag on your baby's high chair tray and let him touch and squeeze it. Post on LG or give to teacher.	29. Sing a song: Head, Shoulders, Knees and Toes. Point to your baby's body parts while you sing the song	30. Use a small ball and a plastic container or bowl. Sit the baby in front of the container/bowl. Encourage baby to drop the ball inside the container. Praise your baby.					
30min	No Time Allowed	20 Mins					