

OCTOBER 2025

EARLY HEAD START 12-18 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
			1. While taking a shower encourage your child to make a circle with the soap bubbles on the bathtub wall. Take picture and post on LG	2. Tear pictures from magazine encourage child to glue them on paper. Take picture and submit on LG	3. Use any material you have at home and ask your child to stack them and help child count how many they were able to stack. Write the number on a paper and encourage child to trace the number. Take a picture of child stacking them and send on LG	4. Listen to different types of music and encourage your child to find any item to use an instrument. Take a picture and enjoy together.	
			15 Min	20 Min	20 Mins	15 Mins	
5. Talk about why we wash our hands. Trace your child hands on a paper, one of the hands will be clean and one hand you will make it look dirty allowing your child to color it paint it etc. Compare the two. Talk about germs take picture and post on LG	6. During bath time encourage child to wash their toys, dolls, etc. Talk about safety during bath time.	7.Fill a laundry basket with toys count the toys and let your toddler push it around to develop strength and balance. Take picture and post on LG	8. Cut an old sponge into a shape have your child dip it in water and use it to make water shapes on the cement.	9. Make balls at home from paper use tape to hold each one together as needed, encourage your child to throw them in to a box or to you.	10. Make a shoebox wagon with your child add string so that child can pull it around the house. Toys can be added so that child can pull around or have child help clean up the toys by adding them in the wagon. Take a picture and post on LG.	11. Make an exploration tube, get a couple of water bottles remove label from bottle. Fill with different items. Ex. Water, dirt, sand, rocks. See which one makes noise. Take picture and post on LG	
20 Min	20 Mins	15 Min	20 Min	20 Mins	20 Mins	30 Mins	
12.During diaper changes, play "what's this?" Lift the foot and say, "It's a foot." Etc Cut pictures of different body parts from magazine and glue on paper. Take pictures post on LG	13. Play dress up. Talk about the different items. Describe colors and size.Give your child different color markers and scribble on paper. Take picture and post on LG	14. Use cotton balls or make small balls from paper, have your child use a spoon to pick them up and place them in a tray take pictures and post on LG.	15. Have your child dance to their favorite song.	16. With your child's help, draw their hands on a piece of paper. Count their fingers. Encourage child to repeat the numbers. Take a picture and post on LG.	17. Cut out a couple of circles and triangles help child make a pattern, glue on paper. Take pictures and send	18 Provide your child paper and a crayon and have your child scribble on paper. Take pictures and post on LG	
20 Mins	20 Mins	20 Mins	No Time Allowed	20 Mins	30 Mins	20 Min	
19. Find a book about handwashing or safety. Read the book to your child help your child draw a picture holding child's hand. Take picture and submit ok LG	20. Together look thru photo albums (print or digital) and name the people you know. Talk about who they are.	21. Make sensory foam with dish soap and a little bit of water on a tray have your child explore! Ask your child questions. Take pictures and post on LG.	22. Use tape to make a zig zag line on the floor, encourage your child to walk on it following the shape. Take picture and post on LG	23. Have your child pick a book, read it and encourage child to scribble on a paper. Take picture and post on LG.	24. Have your child paint with water on a construction paper. Take picture and post on LG.	25. Make a house out of a box, encourage your child to use it by placing dolls, cars inside and if the box is big encourage child go get in it and play.	
20 Mins	No Time Allowed	15 Mins	15 Mins	No Time Allowed	20 Mins	1 hour	
26. Tape about 4 small toys on a paper, encourage your child to take the toy off from the paper. Take pictures and post on LG	27. Get three plastic color cups, get three toys place a toy under each cup move cups around and have your child try to find the toy you name. Take pictures and post on LG.	28. Make a tunnel from paper on the floor, find a car and encourage child to push car under tunnel. Take pictures and post on LG. 	29. Have your child pick a book and read to child during bed time.	30. Play pick-a- boo with your child.	31.Have a dance party with your child, play their favorite music and dance. If your child is not walking hold their hands and dance together. Take pictures and post on LG.		
20 Mins	20 Mins	15 Mins	No Time allowed	No Time Allowed	10 Mins		