

SEPTEMBER 2025

EARLY HEAD START 12-18 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
	1. While you separate different items: laundry, groceries, etc. Give child directions. Place the white sock with the white clothes. Put the can inside the cabinets.	2. Ask the teacher for a large piece of paper to trace your child on it. Encourage your child to lay on the so you can trace child's body. Draw face, hand, feet, etc. name the parts and encourage child to point to the parts. Take a picture and share on LG	3. Look for a picture of a child on a magazine cut it out in two pieces. Help your child put it together and name body parts. Take a picture of your child working on it and send on LG.	4. Pull a chair and encourage your baby to stand on the back of the chair and try to push the chair. It will help with balance and walking.	5. Make an instrument and have your child use it as you sing. Take a picture and submit on LG.	6. After you give your baby a bath. Use lotion and massage your baby by using soft up and down strokes all around her body.	
	20 Mins	1 HR	20 Mins	20 Mins	20 Mins	No Time Allowed	
7. Pick a toy, get paint and use the toy as a stamper. Stamp on paper. Take pictures and post on LG.	8. Gather different sizes and types of balls. Ex: tennis, soft, big, basketball, etc. Talk about the texture, size, etc. Encourage child to roll, bounce, and throw the balls.	9. Ask your teacher to give you contact paper or use strips of clear tape. Place the sticky side up and encourage your baby to place his favorite toys on the sticky part and pull off.	10. While you dress your baby. Name her body parts, clothes, colors, texture etc. Encourage child to dress herself.	11. Collect toilet rolls. Cut them in half. Use a shoe box and trace the rolls on to the lid. Cut the circles and encourage child to fit the rolls inside the shoebox/lid. Cut smaller circles and ask child why it doesn't fit? Talk about size.	12. Ask your teacher for contact paper or use strips of clear tape. Place the sticky side up and encourage your baby to crawl or walk on the sticky part. Talk about the texture, how it feels.	13. While you are outdoors. Collect leaves. When you get home glue them on paper. Take a picture and send on LG	
20 Mins	20 Mins	20 Mins	No Time Allowed	20 Mins	20 Mins	20 Mins	
14. Visit the library. Encourage your child to pick a book to read. Give your child paper and a crayon to scribble Take a picture and post on LG.	15. While you separate different items: laundry, groceries, etc. Give child directions. Place the white sock with the white clothes. Put the can inside the cabinets.	16. Make a mystery box with your child, place items inside and ask child to take one out at a time. Name the object to your child. Take pictures and post on LG.	17. Practice tooth brushing with your child. Do it twice a day. Talk about clean teeth and the benefits of having clean, fresh teeth.	18. Sit with your child on the floor, both of you will open your legs and roll a ball to each other. As your rolling the ball count the number of times you roll it.	19. In a small bucket place water and provide a couple of toys for your child to place inside and see if the items float. Take pictures of your child while placing items in bucket and send on LG.	20. Plant a bean or any type of seed with your child, with your assistance water every day have child look at daily and talk to child about the seed. Take pictures of the process of the seed growing and send pictures on LG.	
20 Mins	20 Mins	20 Mins	No Time Allowed	20 Mins	20 Mins	20 Mins	
21. Gather different sizes and types of ball. Ex: tennis, soft, big, basketball, etc. Talk about the texture, size, etc. Encourage child to roll, bounce, and throw the balls.	22. Ask your teacher to give you contact paper or use strips of clear tape. Place the sticky side up and encourage your baby to place his favorite toys on the sticky part and pull off.	23. provide your child with a crayon and a piece of paper, encourage your child to scribble if child is not able to assist them. Take picture and post on LG.	24. Collect toilet rolls. Cut them in half. Use a shoe box and trace the rolls on to the lid. Cut the circles and encourage child to fit the rolls inside the shoebox/lid. Cut smaller circles and ask child why it doesn't fit? Talk about size.	25. Cut shapes and have your child glue them on paper. Name the shapes as he/she is gluing it. Take pictures and post on LG	26. While you separate different items: laundry, groceries, etc. Give child directions. Place the white sock with the white clothes. Put the can inside the cabinets.	27. Get paint and have your child fingerprint on paper. Take picture and send on LG.	
20 Mins	20 Mins	20 Mins	20 Mins	20 Mins	20 Mins	20 Mins	
28. Get a plastic bottle and straws and have your child place the straws in the bottle, count them as they are putting them in.	29. Go on a nature walk and collect items you find, glue on a piece of paper. Take a picture and post on LG	30. Play peek a boo with your child. Encourage child to imitate you.					
20 Mins	20 Mins	No Time Allowed					