

SEPTEMBER 2025

EARLY HEAD START 18 - 36 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
		2. Create a face: Talk about the parts of a face as your child creates one using different shapes. Take a picture send through LG.	3. Have your child walk along a straight, curvy or zig-zag lines of tape on the floor. Take a picture send through LG.	4. Hunting for shapes: Encourage child to look around the house for shapes. (Ex: Clock is round. Allow your child to take it to school for show and tell. Take a picture send through LG.	5. Painting can be more fun for kids when they paint on something unusual. Painting on ice will be something different to explore. We used regular finger paint and brushes for this activity. Take a picture send through LG.	6. Talk about the color orange. Encourage child to taste different food groups of a color Ex: carrots, oranges, etc.	
		30 Mins	30 Mins	30min	30min	30min	
7. Make a tree using playdough balls. Have the child practice how many apples their tree has. Take a picture send through LG.	8. Play child's favorite songs and dance to the music. Make silly moves. Take a picture and share with his peers. Take a picture send through LG.	9. Allow child to help you prepare a simple meal. Talk about the ingredients. Ex: mixing the salad, add cheese to the beans, etc. <u>Safety first!</u> Take a picture send through LG.	10. Read book: "Ella Sarah Gets Dressed," by Margaret Chodos or any type of book about dress up. Have child talk to you about the book have them draw a picture using crayons. Take a picture send through LG.	11. Find 3 boxes and taped 3 pieces of different colored construction paper to the top of the box and made slits in the box to fit the craft sticks. The idea is for a toddler to insert Colored Craft Sticks of the appropriate color into the slits.	12. Practice tearing long strings of construction paper. Glue them on a separate paper and return to school.	13. Allow your child to serve themselves at meals from bowls or containers that are small or are not full. Have them draw a picture of what they ate. Take a picture send through LG. Or bring work to school.	
30min	30 Mins	30 Mins	30min	1hr	30 Mins	30min	
14. Grocery shopping. Encourage child to look around the kitchen and assist you to make a list of items to buy at the market. Take a picture and return to school.	15. Play outdoor: encourage child to catch or kick a ball. Count how many kicks and catches he/she does. 1 Write down how many kicks they did. Take a picture and return to school.	16. Read his favorite book. Encourage him to draw a picture related to the story. Ask him questions related to the story. Take a picture and or return work to school.	17. Have your child use recycle paper and roll them into a ball. Have him toss them into a basket and sing the ABC song. Take a picture and return to school.	18. Draw a rainbow on a piece of paper. Go on a hunt to find toys with matching colors to place on the correct color of the rainbow. Take a picture and return to school.	19. Walk around the neighborhood. Talk about the stop sign. The importance of holding an adult hand and looking both ways. Take a picture and return to school.	20. Pretend play: dress up dolls. Encourage child to dress and undress a doll or any toy available. Talk about the process of dressing up. Take a picture and return to school.	
30 Mins	30 Mins	30 Mins	30 Mins	1 HR	30 Mins	30 Mins	
21 Read a book: "No More Diapers" or any book related to diapers. Encourage child to talk about his feelings/letting go of the diapers. Make a sequencing about going to the toilet. Bring book to share at school or take a picture and send it through LG.	22. Talk about what is happening as you and your child run fast, walk slowly, gallop like a horse or shuffle like an elephant.	23. Provide opportunities and encourage child to do things independently. Ex: put toys away. Clean up, etc. Parent make a chart of cleanup items.	24. Encourage child to practice tooth brushing. Talk about the importance of taking care of our teeth. Take a picture and return to school.	25. Talk about the color brown. What can we find that is brown? Find a brown carton box and glue all the pictures that are brown. Return to school.	26. Encourage child to dress up by itself. Named the pieces of clothes. Ex: pants, shorts, shirt, etc.	27. Visit the Library E7courage child to select a book to share with you. Allow child to read the book to you. Draw a picture of the book cover. Bring it to school or send a picture through LG.	
1hr	No Time Allowed	30 Mins	30 Mins	1 HR	No Time Allowed	1 HR	
28. Balancing balls on paper tubes: Collect recycle paper towel tubes and different sizes of ball to make different size towers. Take a picture and posted on LG.	29. Encourage child to help you sort the dirty clothes. Ex: white clothes, color clothes, etc.	30. Have your child look through magazines and find things they use to keep themselves clean. Talk about the items, then make a collage with pictures. Bring it to school to share or send a picture in LG.	Encourage your child to help you set the table for meal time.				
1hr	No Time Allowed	30 Mins	No Time Allowed				