

OCTOBER 2025

HEAD START 3-5 YEARS OLD

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
			1. Draw a fire escape plan in case of a fire and practice with your child how to escape. Teach them and practice stop, drop and roll. Take picture and post on LC	2. Help your child to make a shape book. Have your child repeat the names of the shapes. Have your child take book to school to put in the library.	3. Science activity: plant a bean in a cup filled with soil. Talk to your child about what they think will happen to the bean in the soil. Have your child draw a picture of their guess.	4. Draw a picture on a piece of paper. Cut the paper in to 6 pieces have your child put the picture together. Take a picture and post on LG.	
			30 Mins	1 HR	30 Mins	30 Mins	
5. Write your child's name in large print. Ask your child to trace over each letter using a different color crayon each time.	6. Guess the emotion: Look at people's faces in a magazine or book and have child guess what they are feeling (e.g. happy, sad, etc.). Have them draw a picture on how they feel.	7. Blind Taste Test: Have three types of fruit (e.g., apple, orange, and banana, etc.). Blind fold child have them taste each fruit and guess their names. Have them draw a picture of the fruits tasted.	8. Create a book about me: have child pick a theme (e.g., the food I like, my favorite toys, etc.) Have them cut and paste pictures that go along with their theme.	9. Take a walk around the neighborhood and during the walk say: "I spy with my little eye" and describe the item by color, size, or shape. Have child draw a picture of the different objects found during the walk.	10. Pour water in a large bowl. Place various household items (e.g. spoon, bottle cap, pencil, etc.) Have child guess what will sink or float. Have them draw a picture of the items that floated.	11. Science activity: Have the child observe the bean they planted. Discuss any changes that they observe. Have them draw a picture of what they see.	
30 Mins	30 Mins	30 Mins	1 HR	1 HR	30 Mins	30 Mins	
12. Have your child practice writing their name on their own. See how many letters they can write on their own. Take a picture and post on LG	13. Get rid of germs: Pick a few plastic toys for child to wash with soap and water. Take a picture of child washing their toys.	14. Mud painting: help child mix dirt with water. Have child use the mud to paint on paper. Take picture and post on LG.	15. Create paper plate emotion masks. Have child draw a happy, sad, angry, and silly face, etc. Talk about the different feelings. Take picture and post on LG.	16. The Great Shakeout. Practice with your family what you would do if an earthquake happens. Create a list of items you should have in case of an earthquake. Take pictures of your child with the list and post on LG.	17. Have your child move their body to music. Have them touch their heart when each song is over. Help them count the heart beats and write the number down after each song.	18. Science activity: have child observe bean plant. Help them measure the plant with a ruler. Have them guess how tall the plant is.	
1 HR	30 Mins	30 Mins	1 HR	30 Mins	30 Mins	30 Mins	
19. On a plate place a variety of items (i.e. chocolate, hard candy, magnet, pencil, etc.) Ask child to make a prediction of what will melt. Place plate under the sun and observe. Have child draw picture of the results.	20. Create a letter book (A-Z). Each letter in a separate page. Have your child glue a picture of an object that starts with that letter.	21. Create a Super vehicle with your child using cardboard boxes.	22. Observe birds flying in the sky with your child. Ask your child to describe what they look like and have him/her draw a picture.	23. Have your child help you make a recipe for a fruit salad. What fruits and other ingredients would they add? Bring recipe to school.	24. Talk to your child about car safety. Discuss the importance of sitting in their car seat and wearing a seat belt. Have child draw a picture of them wearing a seat belt.	25. Go on a safety walk: Help child identify the different traffic signs: stop, pedestrian crossing, do not enter, etc. Have them draw two signs.	
30 Mins	2 HRS	1 HR	30 Mins	30 Mins	30 Mins	1 HR	
26. La gran sacudida. Practique con su familia lo que haria si ocurriera un terremoto. Cree una	27. On a white piece of paper, using the sunlight or flashlight, have child draw the shadow of your hands or feet or any object from home.	28. Have your child recall 3 classroom rules. Help them write the rules on a piece of paper. They may draw a picture that represents each rule.	29. Make a puppet with your child from a brown lunch bag or a sock. Bring to school to share with your friends.	30. On a piece of paper, write the names of 2 or more family members (including child) that live in the home. Help child measure each family member with measuring tape and write # next to name.	31. Have your child draw a Super Hero version of themselves and their super power. Take a picture and post on LG		
1 HR	30 Mins	1 HR	1 HR	30 Mins	30 Mins		

