

Be A Hero Calendar OCTOBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Create a customizable dad portrait using colored paper. <i>30 minutes</i>	2 Tell your child a story about when you were their age and have them make a drawing. <i>30 minutes</i>	3 Create a motivational pet rock for dad. <i>30 minutes</i>	4 Create a trophy inspired by dad's favorite activities. <i>30 minutes</i>
5 Red week! Look for things out in nature that are red this week, together draw the items. <i>30 minutes</i>	6 Go on a nature walk to collect rocks and leaves and make a picture frame together. <i>30 minutes</i>	7 Put your child's hand on paper and trace their hands. Let them color the handprint. <i>30 minutes</i>	8 Create a puzzle using your favorite photograph or drawing of your dad. <i>30 minutes</i>	9 Create a list of four tasks for your child to complete today. <i>30 minutes</i>	10 Have your child draw a picture using his/her favorite three colors. <i>30 minutes</i>	11 Find items to create a cozy area to enhance your reading space & share photo with teachers. <i>30 minutes</i>
12 Green week! Look for things out in nature that are green this week, together draw the items. <i>30 minutes</i>	13 Draw a picture of the people who live in your house. Name each person and write it down. <i>30 minutes</i>	14 Play music and dance with your child and other family members, share photo with teachers. <i>30 minutes</i>	15 Decorate a paper tube roll dressed up to look like dad. <i>30 minutes</i>	16 Create a handmade "following in dad's footsteps" card using your shoe print and child's foot print. <i>30 minutes</i>	17 Draw a picture of yourself when you were a child. <i>30 minutes</i>	18 Paper Planes – Have your child decorate and fold paper in the shape of a plane and see how far they fly. <i>30 minutes</i>
19 Blue week! Look for things out in nature that are green this week, together draw the items. <i>30 minutes</i>	20 Together make an alphabet book to share with child's class. <i>30 minutes</i>	21 Draw a picture of your favorite hero. Have your child draw their favorite hero. <i>30 minutes</i>	22 Have your child create a collage of your favorite afterschool activities to do together. <i>30 minutes</i>	23 Decorate a box with paint, stickers, and other craft materials to be used to store small items or special notes. <i>30 minutes</i>	24 Create a handmade superhero craft card for dad using your child's handprint. <i>30 minutes</i>	25 Have your child create a collage of dad's favorite healthy snacks. <i>30 minutes</i>
26 Orange week! Look for things out in nature that are green this week, together draw the items. <i>30 minutes</i>	27 Together make an emotions book to share with child's class. <i>30 minutes</i>	28 Draw a picture of all the male figures in your family. Name each person and write it down. <i>30 minutes</i>	29 Look at family photos taken outdoors. Recreate your child's favorite photo of you two by drawing it. <i>30 minutes</i>	30 Place markers with tape on the floor and have child step on them to follow in your footsteps. Make a trail for them to follow around your home & share photo with teachers. <i>30 minutes</i>	31 Have a picnic in any part of your home by making a small snack with your child's help. Eat it together and use the time to have a conversation & share photo with teachers. <i>30 minutes</i>	Total: 15.5 hours