

# DECEMBER 2025

## EARLY HEAD START 12-18 MONTHS

### FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: \_\_\_\_\_



















Site: \_\_\_\_\_

Class #: \_\_\_\_\_

Teacher Signature: \_\_\_\_\_



Volunteers of America  
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
	1. Pull Toy Parade Give lightweight toys to pull while walking. It will improve coordination and balance.	2. Bubble Chase Blow bubbles upward to encourage tip-toe reaching. 	3. Toy Phone Conversations: Model back-and-forth "talking" 	4. Go for a drive or a walk and play music and sing to the rhythm of the song for example: "we going on a bear hunt"	5. Cup Cakes numbers..... Draw five shapes like a cloud, then 5 shapes like a rectangle, have your child glue the cloud on top of the rectangle long ways then write the numbers from 1-5 so your child can look at them and count 	6. Letter matching Tape letters around your living room and have your child look the letters as you are given them to her/she one by one to see how well he/she can find and recognize the letters.	
	30 min	No Time Allowed	No Time Allowed	No Time Allowed	30 Mins	30 Mins	
7. Egg cartoon activity Have a cartoon of egg, and place it upside down and make small holes. Then have your baby place the large sticks inside one by one. 	8. Pairing Mitten Game Draw a on a piece of white construction paper, several mittens then color them different color, once color create another set, and cut them, once color and cut face them down and try with your child to match them.	9. Story Share your favorite childhood story with your child and talk to them why it was your favorite story. 	10. Shapes, Shapes Have one container and cut out different color shapes. Then give your baby one container so that he/she can place them inside the container one by one.	11. Pulling yarn out.... On an empty wipe container, place inside some large pieces of yarn. Then asked your baby to pull them out one by one. 	12. Sponge painting Give your baby a sponge and pour small amounts of different colors of paint on a long sheet of construction paper. Then have your child rub all around the color of paints to see what they created.	13. scribble collage Give your baby several different colors of crayons, markers and then have your child scribble all over her/his paper. 	
No Time Allowed	20 Mins	No Time Allowed	No Time Allowed	No Time Allowed	20 Mins	20 Mins	
14. Surprise Box Create a shoe box, to be the surprise box, as you decorate it. Place inside small farm animals, or zoo animals. When starting tell your baby, "let's see what this box has for us" and have them place their hand inside, then Say, "surprise" it is a cow, and what sound does the cow makes.	15. Snow Glow Use a paper plate, then cut out a big circle then a medium size circle and two small circles for eyes, then color the paper plate blue and then glue on the shapes eyes and decorate the rest with a hat, scarf ect. 	16. Card board boxes Collect big/small boxes and them create a house and allow them to help you build it. 	17. Body parts game Sing to the tune of "Where is thumpkin" song. As you play with your baby to point to his body parts, as you would Start "Where is your nose" where are your eyes" and see if they point to them.	18. Story Time Ask your baby to choose a book of their favorite and bring it to you so that you can read it together.  WINTER BREAK	19. Finger paint, Place on a paper plate small amounts of different colors of paints, so your baby can dip his fingers on the paint then place them on a piece of paper to create a mural painting. WINTER BREAK	20. Tissue paper collage Have your baby roll up several pieces of tissue paper and paste it on a paper to see what collage she creates. At the same time talk to your baby about the colors he/she is pasting. WINTER BREAK	
No Time Allowed	30 Mins	No Time Allowed	No Time Allowed	No Time Allowed	30 Mins	30 Mins	
21. Clothes pin box Collect a shoe box, Then get some Color clothes pins and have your baby place them around the box and as she/he place them name the color they are place in.  WINTER BREAK	22. Tree cup Color a sheet of paper and then decorated it with your child. Then fold the paper from one edge to the other to create a cone, and you will have a tree cup.  WINTER BREAK	23. Pretend play Have your baby dress up with your clothes, such as a big t-shirt, pants, dresses and different types of hats. Allow them to choose what they would like to wear. WINTER BREAK 	24. Music time Play different types of music for baby to dance, hold her/him by both hands and move from side to side. WINTER BREAK 	25. Kleenex box and cloth Create a Kleenex box, by using a small shoe box and close the lid with tape around it. Then cut some old t-shirts you don't need into pieces and place the inside the box so your baby can pull one at a time	26. Tearing stripes of paper Give your baby a sheet of paper from a magazine and then have him/she paste them on a sheet of paper to create a collage mural. WINTER BREAK	27. Pine trees Cut out three triangles one small, one medium and the other one large, then cut a rectangle shape to create the trunk of the tree. Model first to your baby on how to assemble it together to create a pine tree.	
No Time Allowed	20 Mins	No Time Allowed	No Time Allowed	20 Mins	20 Mins	No Time Allowed	
28. Picture reading Collect several pictures and point to each one you show your baby and see if they can name or use sounds as to what it is. Then repeat to them what is in the picture for their language usage. WINTER BREAK	29. Drop Cards Have a container and on the top make a long cut so your baby can place a card in, as you give it to them  WINTER BREAK	30. Painting with water Give your baby a brush and you hold a cup of water, half the cup fill or less. Then have your baby dip it in and then brush it on a piece of construction paper, she will make strokes side to side and up and down. WINTER BREAK 	31. Shape sorting suncatcher. Cut out medium size shapes and small shapes. Place the medium size shapes in the window, then give your baby the small ones and have them match it to the ones in the window. WINTER BREAK 				
20 Mins	No Time Allowed	20 Mins	No Time Allowed				

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