

# DECEMBER 2025

## HEAD START 3-5 YEARS

### FAMILY ENGAGEMENT

### HOME PROJECT

**Childs**  
**Name:** \_\_\_\_\_  
**Site:** \_\_\_\_\_  
**Class #:** \_\_\_\_\_  
**Teacher Signature:** \_\_\_\_\_



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
	1. Using paper and popsicle sticks ask child to create emotion puppets, talk with child about the different emotions they created	2. Steam- Science: Have child explore ice cubes, then have child add pinches of salt to the ice cube and discuss the reaction happening. Take picture and post it on LG	3. Talk to your child about the five senses. Hearing, Smelling Seeing, Touching and Tasting. Have child draw one of their five senses and talk about what that sense does	4. Play a listening game, ask your child what he heard, write the answers and take it to school	5. Make a fruit salad, taste it and talk to child about the flavors. Draw a picture and bring it to school	6. Talk to child about the importance of seeing, look around and draw pictures of what they see	
	30 Mins	1 HR	30 Mins	30 Mins	30 Mins	30 Mins	
7. Have child explore different shapes around the house and have child draw the shapes they see	8. Use own clothes, ask child to sort it by textures, touch and talk about the different fabrics and their textures	9. Have child tear paper of different sizes. Using glue ask child to glue the pieces of paper and make a collage	10. Have child create a mitten on a piece of cardboard using their hand. Assist them in cutting it out and hole punch the edges. Then have child lace yarn through the holes	11. Take a nature walk with child and collect different rocks. Use the collected rocks to make an art project, use a piece of carton 25x20 cm, color rocks. Take picture and post it on LG	12. Make ABC cards and play Alphabet Bingo. Play with your family. Post picture on LG	13. Draw shapes on a piece of paper and ask your child to cut them. Then glue them on a piece of paper and bring them to school	
30 Mins	30 Mins	30 Mins	30 Mins	1 HR	1 HR	30 Mins	
14. Read nursery rhymes books together, then have child draw their favorite character from the book	15. Make numbers' flashcards 1-20 make two sets and play a matching game. Post picture on LG	16. Draw a snowman on a piece of paper. Cut the paper in 8 pieces and have child glue it together. Post picture on LG	17. Talk to your child about the changes in the weather and what they see outside. Write down what they say and why they think the weather is changing	18. Using items at home create a musical instrument and share a picture on LG  <b>WINTER BREAK</b>	19. Place five objects inside a paper bag and have child reach in and try to identify the object without looking. Then have child draw the object on a piece of paper  <b>WINTER BREAK</b>	20. Have child create a "Me" collage using old photos, magazines, stamps and any other art materials  <b>WINTER BREAK</b>	
30 Mins	1 HR	30 Mins	1 HR	30 Mins	30 Mins	1 HR	
21. Discuss with child, how they would keep a polar bear warm and write down their ideas on a piece of paper  <b>WINTER BREAK</b>	22. Fill a jar with pom- poms and ask child to guess how many there are in the jar. Then have child take pom- poms out of the jar and count. Have child record their findings on a piece of paper <b>WINTER BREAK</b>	23. Using food coloring and ice cubes have children paint on a piece of paper a winter picture  <b>WINTER BREAK</b>	24. Write your child's name in large print, then ask your child to write their name using different color crayons  <b>WINTER BREAK</b>	25. Have your child help you prepare a recipe for a vegetable salad. What vegetables and other ingredients would they include? Post picture on LG  <b>WINTER BREAK</b>	26. Create a number book (1-20). Each number in a separate page and have them draw different objects to represent the number on each page  <b>WINTER BREAK</b>	27. Using food ad cut outs have your child build their own "My Healthy Plate. Discuss with your child different healthy food options  <b>WINTER BREAK</b>	
30 min	30 min	1 HR	30 min.	1 HR	1 HR	30 min	
28. Pick a few toys and have child wash them with soap and water. Have a discussion with your child about importance of washing hands  <b>WINTER BREAK</b>	29. Have your child observe the trees around the neighborhood and have them draw a picture of the different trees they observed  <b>WINTER BREAK</b>	30. Take 5 different objects and have your child compare their different sizes, discuss and have them create a drawing of their findings  <b>WINTER BREAK</b>	31. Have your child draw a picture of their favorite winter activity  <b>WINTER BREAK</b>				
30 min	30min	30 min	30 min				