

GRIEF AND LOSS ART THERAPY

GROUP

English Sessions via
zoom



A confidential group where caregivers support each other through the power of art therapy. With a marriage and family therapist trained in art therapy, you will use art to process and reflect on your grief while gaining coping skills.



Starting: Wednesday
November 05, 2025
for 5 weeks

Time: 4:30PM-5:30PM

Facilitated by

Amanda Ramirez, AMFT #133646 & Registered Art
Therapist

Supervised by

Gaby Espinoza, LMFT #139028 & ATR-BC



No experience with art is necessary. Supplies will be provided as needed. Notify your FA if interested in joining group.