FEBRUARY 2026

EARLY HEAD START 12-18 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs Name:_____
Site: _____
Class #:_____
Teacher Signature: _____

Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
1. Gather up a bunch of random, small toys and wrap them up in tin foil and loosen them in a tub. You will see their reaction with opening them.	2. Use an empty drinking water bottle as it is a little tall and thinner. Then allow your child to insert popsicle sticks and at the same time assist them in counting.	3. Place your baby on your lap and gently cover his eyes with your hand. Bring favorite food item close to his nose and tell its name. encourage child to repeat and guess.	4. Flower painting: Place several flowers petals in a water container, and then allow your baby to take them out and rub them on a piece of construction paper and see how they paint with them.	5. Wrap a table in plastic and spray shaving cream on top. Encourage baby to explore the shaving cream with hands, brushes, spatulas or plastic spoons. Take a picture.	6. Gather an empty container with a lid, you can place small toys inside and tape the lid. You can paste paper or decorations on the outside. Your child can either hit the top with their hand or use something to enhance the sound of your drum.	7. Use one of our beloved "first words" books that has lots of real-life pictures and just covered a few of the pictures on each page with post-it notes. Then allow the children to tear off the post-it notes to discover what is hiding underneath them.	
30 Mins	30 Mins	15 Mins	30 Mins	30 Mins	30 Mins	30 Mins	
8. Painting a mural: Give child some paint and paper and let them explore with different colors of paint so we can see what they can create. Use hands/feet.	9. Find some small blocks or other toys of similar sizes. Cut a hole in the top of a shoe box that's slightly bigger than the toys. Show your young toddler how to stick the toy through the hole, and then help him find where it went by taking off the lid!	10. Use mini-traffic cones, chairs, anything to create a zigzag path to walk through with your toddler.	11. Go on a nature walk in a park or even in your backyard and point out all of the animals you see and also the plants that interested you and your baby.	12. As you read with your child, invite her to look at, point to, and talk about what she sees on the page. Reading interactively helps your child stay interested in a book and learn.	13. Take a zip lock bag add paint, tape the top of the bag. Then stick it to a window or flat surface. You can model moving the paint around the bag so your child can follow.	14. Get a baking pan and place different kinds of magnets and let the children explore in placing them in different ways. SAFETY FIRST	
1 HR	30 Mins	30 Mins	20 Mins	20 Mins	20 Mins	20 Mins	
15. Make edible playdough. Ingredients 2 cups water 2 ½ cups white flour ½ cup salt 1 tablespoon cream of tartar 2 (0.13 ounce) packages unsweetened, fruit-flavored soft drink mix (such as KOOL-AID®) 3 tablespoons vegetable oil	16. Provide several small plastic cups to your baby and model for them to build a tower then allow them to experiment and see what they can built.	17. Painting with ice: Place a medium size container on a table and place some ice inside then pour a little paint and allow your baby to move the ice around and see what happens. Take a picture and share with teacher.	18. Magazine collage: Assist your little-one in cutting lots of pieces of paper with their hands/fingers and then gluing them on another paper, see what masterpiece the create.	19. Draw 4 to 5 circles, draws different emotions, such happy face, sad, angry, crying, and talk to your baby to point how he is feeling.	20. Collect items around your house that are different texture and pick 3 basic colors. Ex: You can have a basket with all the orange items. Then you can let your child explore, you can model the color sorting and see if your child follows.	21. Popsicle stick drop: Tape an empty paper towel roll up to the wall and set out some colored craft sticks for them to drop down the tube. You can use any other item that can go thru the tube	
30 Mins	30 Mins	30 Mins	1 HR	30 Mins	30 Mins	30 Mins	
22. While sitting down, give your child a crayon and a paper. Talk to your child about their actions, the marks they make and the feelings they show while they use the crayon.	23. Place a piece of foil on a flat surface, let your child explore using paint and Q-tips.	24. Paint palm print! Make a set of five colors of paint in a bowl. Ask your baby to dip hand palm in and encourage them to make a design.	25. Dough Lumps: Place flour dough in a plate then show your baby how to make lumps using hands. You can make dough balls together.	26. Shape painting: Get four wooden shapes or cookie shapes, pour paint in a plate and allow your child to dip the shape and then assist him to place it on a clean paper to see the shape he forms.	27. Cut large boxes for your child to play with and go inside. Cut holes and make sides for windows and doors. He/she will love crawling in and out of the boxes. Encourage child to draw on it. Take a picture and share.	28. Using a box, cut out a few square pockets. Then color them with multiple colors. Using blocks that are similar in size to the cut-out pocket have your child place the blocks in the color pockets.	
20 Mins	30 Mins	30 Mins	30 Mins	30 Mins	1 HR	30 Mins	