FEBRUARY 2026

EARLY HEAD START

18 MONTHS – 36 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs Name:_____
Site: _____
Class #:_____
Teacher Signature: _____

Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
1. Talk about feelings with your child. Show them different facial expression in a mirror and have child copy the expression you make. Make a feeling book from magazines cut out and show it to the teacher.	2. Make a feelings wheel. Glue pictures of different feelings from magazines on a paper plate. Spin it while child closes eyes. Whichever finger touches, child will name the feeling.	3. Read a book and have your child draw a picture.	4. Trace your child's hand on a colored piece of paper' cut it out. Gather different-sized blocks or toys. Fill the hand and count the items.	5. Blow up several balloons and add a long string to hang them low enough, for your child can see the letter on it but cannot touch it with their hands.	6. Tape four medium-sized squares down on the floor have different color/size pompom, have children use the broom to sort the pom poms into the squares, by Color/size.	7. Stem: Make a puppet with recycling paper from home, after go outdoors to show child the puppets shadow. Talk about what is making the shadow.	
30 Mins	1 HR	30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	
8. Use paint to create handprints, then turn them into animals or otherworldly creatures like aliens using basic craft supplies such as googly eyes or yarn.	9. Take a nature walk and collect different material. Sort the materials into two categories and take a picture to show the class.	10. Write letters on paper plates and make card with letters have child find the plate with the same letter.	11. STEM: Collect different types of boxes to make ramps with your child. Talk about going fast and slow. Things that do not roll. Will a ball or car go fast down the ramp?	12. Cut a hole in the center of a recycled plastic water bottle and use tape to go around the sharp edges. Child will crumple balls of paper and will attempt to make it through the opening. Count how many made it in in.	13. Making patterns while using ice cube tray or small dish, choose two colors (you can cut your own) and place one color after the other to create a pattern.	14. Trace different toy shapes onto a piece of paper and have child find where the toy belongs.	
30 Mins	30 Mins	30 Mins	1 HR	30 Mins	30 Mins	30 Mins	
15. Stacking plastic cups child will practice hand/eye coordination. Count how many plastic cups your child can stack before it falls.	16. Add food coloring into water bottle and observes what happens. Take picture of child doing the experiment.	17. Cut the front of an empty cereal box. Encourage child to put it back together like a puzzle!	18. STEM: Collect recycled newspapers, magazines. Place paper in a container with water child will explore the concepts of thick/thin/hard/soft and dry/soggy.	19. Find a playdough recipe to make at home online. Take picture of the process of making it with your child and send them to the teacher.	20. Go outside and observe the insects and bugs. How are they the same? Different? Draw your favorite.	21. Help your child to make pancakes using their initials and enjoy eating it. Take pictures to share with teacher.	
30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	
22. Get an oatmeal container or any container with a lid. Make a big and small hole and have child explore what goes into each opening.	23. Take a drive or walk and encourage child to describe what they see. Draw a picture.	24. Make a lava lamp using a clear container. Add Vegetable oil, Baking Soda, Vinegar, and Food coloring into the container using a dropper or a funnel. ✨Glitter (optional)	25. Cut out felt or paper shapes, then snip them in half. Encourage your child to match up the proper sides.	26. Collect any recycling wooden blocks, cardboard boxes, gift boxes, plastic cup for your child to build. Take a picture and post it on learning genie. Have child draw a picture of their structure.	27. Rubbing leaves. Go on a nature walk and collect different leaves. Place under white sheet and with a crayon, rub over paper to discover the leaf!	28. Find different type of toys cars and Paint. Have child paint with the wheels of the cars and see the tracks they make. Take a picture and share it with the class.	
30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	