

MARCH 2026

EARLY HEAD START 18 - 36 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
1. Use the morning time to talk to your child about the sunrise. Walk outside or look out a window. What do you see?	2. While recalling the sunrise, help your child draw a picture of a sunny day. Describe what he/she is drawing. Write down what they say.	3. Help your child create a sound maker using an empty plastic bottle and items collected from your garden (rocks, twigs, etc.)	4. Create dance moves using your upper bodies (arms, shoulders, elbows, chest, etc.) Name your body parts as you move them.	5. Pour water on the ground. Join your child in jumping in the puddle and create shoe or foot prints.	6. Take a walk and collect rocks, sticks and leaves. Talk about the texture and colors of the rocks, sticks, and leaves. Ask your child if there rough, smooth etc.	7. Take your child to the park, go down the slide together. Encourage them to go up and down the slide. Talk to them about the safety of sliding down.	
15 Mins	30 Mins	30 Mins	15 Mins	15 Mins	30 Mins	30 Mins	
8. During an outing, create an "I Spy" game with your little one, focusing on nature elements (trees, flowers, animals, etc.)	9. Find a garden during a walk and look at blooming flowers. Have your child draw picture of flowers observed and talk about the colors they saw.	10. Using the supermarket ads, look for red fruits and vegetables. Which ones do you eat at home?	11. Collect some dirt from the ground, wet it and let child touch it and use it for molding. Talk about the dirt's characteristics.	12. Find your favorite outdoor toy. Take time to use it and share it with a sibling or peer.	13. During bath time add different color cups into the water and let your child pour the water in and out of the cups while bathing. Ask your child to tell you the colors of cups.	14. Help your child create a sticker collage. Provide different stickers and help them place stickers on a sheet of paper. Have them tell you about their collage. Bring collage to school and share with peers.	
15 Mins	30 Mins	15 Mins	30 Mins	15 Mins	15 Mins	30 Mins	
15. Using old cardboard, cut out large circles, place them on ground and create a walking trail.	16. Create a drawing of your favorite flower, plant or tree. Why is it your favorite? Bring drawing to school and share with peers.	17. Make a head adornment using nature items like flowers, sticks, leaves, etc. Wear it to school.	18. Help your child draw a flower and name the parts. If possible, use a real flower as a model for the drawing.	19. Read a book to your child, ask them questions about the story, assist them by reminding them about the story.	20. Create a favorite toy box for child to take on long trips. Let child choose its content.	21. Find a cozy area in the house to rest with child after rigorous play. Have child find cozy items to enhance the resting area.	
30 Mins	30 Mins	30 Mins	30 Mins	15 Mins	30 Mins	15 Mins	
22. Have child help water a plant. Talk about the importance of watering plants.	23. Using nature items, help child make the letter of her name. Bring the product to school to share with peers.	24. Let child choose an outfit he can wear during a warm day. Have child name the clothing articles and identify the part of the body they are worn on.	25. Let child submerge feet in small amount of water. Have a conversation about what they see happening to their feet.	26. As child gets ready for bed, have them share about their day, and what was the most fun thing they did during the day.	27. Using old newsprint, let child tear paper into strips. Talk about length, width.	28. Have family join in creating a book about activities they like to do when spring arrives. Bring to school and share.	
15 Mins	30 Mins	15 Mins	15 Mins	15 Mins	30 Mins	1 HR	
29. Tape paper to the floor and have children draw on the paper with crayons. Have your child tell you about their drawing.	30. Have child help collect nature items and create a collage. Bring to school to share.	31. Draw a picture of a bird observed in a garden or a park. Have child tell you about her drawing.					
15 Mins	1 HR	30 Mins					

