APRIL 2026

HEAD START 3-5 YEARS

FAMILY ENGAGEMENT

HOME PROJECT

Childs Name:_____

Site: _____

Class #:_____

Teacher Signature: _____

Volunteers of America® LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
			1. Invite your child to create a sock puppet.	2. Have your child fold and cut paper and create a collage	3. Do a musical scavenger hunt with your child! Ask the child to find everything that can play music (ex. radio). Document items the child found.	4. Discuss the weather with your child (ex. Cloudy, windy, cold, temperature)! Ask your child to draw about it!	
			1 HR	1 HR	1 HR	30 Mins	
.5. Play a guessing game with your child! Place small items or toys in a sock and have your child guess the item. Take a picture	6. Toss a ball into a big box, roll it through a tube, and then invite child to help look for it. Describe and write the child's actions as he looks for the ball.	7. Take your child bird watching! Point out birds and ask the child if the birds are flying, on a fence, color of the birds, count birds, etc. Have the child draw what they saw.	8. Invite your child to play dance and freeze. Let your child know when the music is playing they dance and when it stops they freeze. Take pictures.	9. Talk to your child about the weather and have the child do a Spring Collage.	10. Help your child do leaf rubbing art. Have child collect leaves and put leaf between two sheets of paper and use crayon to rub paper! Watch the leaf print appear!	11. Create a Picture Book with your child and read the book together (The child can draw pictures and you can staple or bind them together to create book).	
30 Mins	30 Mins	1 HR	30 Mins	1 HR	1 HR	I HR	
12.**Spring Nature Walk and Drawing** Parent and child take a walk outside and look for spring signs (flowers, birds, leaves, insects). Child draws one thing they saw and tells a story about it.	13. Have your child write a creative list of pictures and letters (ex. List of morning routine, family members, friends, etc.)	14. Encourage your child to draw a self-portrait. Place a mirror in front of them so they can see their face.	15. Have the child cut and paste letters and numbers from a magazine. Review the numbers and letters that were cut out.	16. Read your child's favorite book and have them draw something about the story. Write down what your child says.	17. **Flower Growing Observation.** Plant a seed or place a flower in a cup of soil or water. Child draws what they think the plant will look like when it grows. Talk about what plants need to live.	18. Have your child practice washing and drying hands. Take pictures so that you can post in the bathrooms and other areas as reminders.	
30 Mins	30 Mins	30 Mins	1 HR	1 HR	30 Mins	1 HR	
19. Have the child go around the house looking for various red items and have them draw the items they found.	20. Take a big box (cut out the end) and have child crawl in/out/around. Take pictures.	21. Invite your child to complete a puzzle (Can create a puzzle by using pictures from a magazine cutting them in large pieces) Take pictures of the completed puzzle.	22. Have the child count the furniture in their home and point out which one is the biggest and smallest. Parent can make a chart labeled big/small and child can draw items.	23 **Floating Spring Objects** Parent and child collect small spring items like leaves or flowers. Drop items in a bowl of water and talk about which float or sink. Count the floating and sinking items.	24. **S.T.E.A.M.** Use a clean sponge as a floating boat. Add a straw as a mast and construction paper as a flag. Watch it float on the water	25. Cut up some sponges and use some paint and create birds. Create a bird book.	
1 HR	30 Mins	1 HR	1 HR	30 Mins	30 Mins	1 HR	
26. Invite your child to make an all things blue collage. They can look for small items that are blue around the house.	.27. Using family pictures to create a picture book. Copy family pictures, cut and paste onto construction paper, and tell your story.	**28. Invite your child to look through the newspaper and cut out all the pictures they see**	29. Invite your child to look through pictures, collect pictures and create a scrapbook	30. **Rainbow Water Art (Science + Art)** Put water in clear cups and add a small amount of food coloring if available. Let the child mix colors to make new spring colors.	.	.	
1 HR	1 HR	1 HR	1 HR	No Time Allowed			