JANUARY 2026

HEAD START 3-5 YEARS

FAMILY ENGAGEMENT HOME PROJECT

Childs Name:_____
Site: _____
Class #:_____
Teacher Signature: _____

Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
					2. WORK ON WINTER PACKAGES	3.WORK ON WINTER PACKAGES	
					No Time Allowed	No Time Allowed	
4. WORK ON WINTER PACKAGES	5. WORK ON WINTER PACKAGES	6. WORK ON WINTER PACKAGES	7. WORK ON WINTER PACKAGES	8. WORK ON WINTER PACKAGES	9.WORK ON WINTER PACKAGES	10. WORK ON WINTER PACKAGES	
No Time Allowed	No Time Allowed	No Time Allowed	No Time Allowed	No Time Allowed	No Time Allowed	No Time Allowed	
11.WORK ON WINTER PACKAGES	12. Have fun gardening by removing weeds. When a weed is pulled, share the different parts and names of the plant. (take turns)	13. Create a numbers chart using information from the amounts of items found in the yard. For example, 2 flowers, 3 bugs. Have child draw items.	14. Share a book about plants. Conduct a read aloud asking questions such as, what are the parts of a plant?	15. Using a magnifying glass (or eyeglasses), have child take a look at a leaf. Conduct research together to find info about a leaf.	16. Gather different parts of plants from the yard. Place parts under a paper and rub a crayon on paper. Discuss what is happening.	17. Using a magnifying glass, walk around the yard taking a deep look at plants to find what insects live on them. Discuss your findings.	
No Time Allowed	30 Mins	I HR	30 Mins	30 Mins	30 Mins	30 Mins	
18. Discuss shapes found around your home. Have child count out circles, squares, triangles, etc.	19. Have the child cut out circles, triangles, squares, and then ask them to create an artwork with glue. Write what they say.	20. Using market advertisement paper, cut out different types of food. Have the child separate the foods into categories. (Ex. Fruits or vegetables)	21. During meal times, ask children what are healthy or unhealthy foods? Ask them to explain what is their favorite and why?	22. Search for twigs in yard. Use paper and glue to take turns creating shapes with your child. Ask what shape is this and why?	23. Make plans on how to create a wind chime using items found at home. For example, use a spoon, branches, string, etc.	24. Read a shapes book. (The Color Zoo.) Ask questions such as: What shapes or colors do you see in this picture? What's this animal?	
30 Mins	I HR	1 HR	30 Mins	30 Mins	1 HR	30 Mins	
25. While preparing a meal at home, ask child to help count out items needed in a recipe, or have them measure amounts.	26. Look through a magazine, ask child to draw pictures of people and naming body parts.	27. Look at a book, ask child to think about it, ask questions: What do you think the book is about? How, Who? When? Where? Why? Write down.	28. Solid vs. liquid: Use small container filled with water. Ask to predict what will happen to the water when placed in a freezer. Discuss results of change.	29. Using an ice cube, ask child to predict what will happen if they place an ice cube in the sun. Discuss the change in external temperature that leads to the melting of ice.	30. Fill a cup with ice. Place a string on top of ice and sprinkle with salt. Predict what will happen. Count to 30, then pick up the string. Salt melts ice then refreezes.	31. Place water in an ice tray. Add food coloring to sections then freeze. When frozen have child use the color ice for art. Write what they say onto paper	
30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	