

# April 2026



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Wed 01	Thu 02	Fri 03
<b>Breakfast</b>	½ Cup**	¾ Cup	1 Cup	Milk	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	
	¼ Cup	½ Cup	½ Cup	Fruit/Vegetable	Applesauce in a cup	Canned Tropical Mix	
	½ oz eq	½ oz eq	1 oz eq	Grain/Meat/Meat Alternative	Pancakes*	Low-Fat Yogurt	
	Ages 1-2	Ages 3-5	Ages 6-11	Extra- 1 Serv.	Jelly		
<b>Lunch</b>	½ Cup**	¾ Cup	1 Cup	Milk	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	
	⅞ Cup	¼ Cup	¼ Cup	Fruit	Pears <sup>1</sup>	Frozen Mango	
	⅞ Cup	¼ Cup	½ Cup	Vegetable	Stir-Fried Vegetables	Hominy	
	1 oz eq	1 ½ oz	2 oz	Meat/Meat Alternative		Shredded Cabagge, Sliced Radish & Lemon	
	½ oz eq	½ oz eq	1 oz eq	Grain	Chicken Stir-Fried	Chicken Pozole	
	Ages 1-2	Ages 3-5	Ages 6-11	Extra- 1 Serv.	Brown Rice	Corn Tortilla *	
<b>Snack</b>	½ Cup**	½ Cup	1 Cup	Milk/Water	1% Low-Fat Unflavored Milk**	Water	
	½ Cup	½ Cup	¾ Cup	Fruit			
	½ Cup	½ Cup	¾ Cup	Vegetable			
	½ oz	½ oz	1 oz	Meat/Meat Alternative		String Cheese	
	½ oz eq	½ oz eq	1 oz eq	Grain	Cold Cereal*	Saltine Wheat Crackers*	
<b>Menu change: MEAL &amp; COMPONENT</b> ----> Menu subject to change due to individual food availability.					Place Menu Changes sticker here	Place Menu Changes sticker here	



<sup>1</sup> Toddler accommodations: Apples → Applesauce or Saltine Crackers; Pears → Diced Pears; Sliced Oranges or Fresh Tangerines → Canned Tangerines; Baby Carrots/Carrot Sticks → Shredded Carrots; Corn Tostada/Taco Shell → Corn Tortilla; Tortilla Chips → Saltine Crackers

\* Item meets whole-grain-rich requirement

\*\*Children aged 12 to 23 months received whole milk



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Mon 06	Tue 07	Wed 08	Thu 09	Fri 10
<b>Breakfast</b>	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **
	¼ Cup	½ Cup	½ Cup	<i>Fruit/Vegetable</i>	Diced Peaches	Frozen Strawberries	Applesauce in a cup	Canned Tropical Mix	Canned Fruit Mix
	½ oz eq	½ oz eq	1 oz eq	<i>Grain/Meat/Meat Alternative</i>	Cold Cereal*	Low-Fat Yogurt	Waffles *	Blueberry Muffin	Raisin Bread *
	Ages 1-2	Ages 3-5	Ages 6-11	<i>Extra- 1 Serv.</i>			Jelly		Butter
<b>Lunch</b>	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **
	⅓ Cup	¼ Cup	¼ Cup	<i>Fruit</i>	Apples <sup>1</sup>	Sliced Oranges <sup>1</sup>	Pears <sup>1</sup>	Frozen Mango	Pineapple Tidbits
	⅓ Cup	¼ Cup	½ Cup	<i>Vegetable</i>	California Blend Veggies	Mixed Salad	Peas & Carrots	Baby Carrots <sup>1</sup>	Mixed Veggies
	1 oz eq	1 ½ oz	2 oz	<i>Meat/Meat Alternative</i>	Grilled Chicken	Diced Turkey	Steak Ranchero	Sunbutter & Jelly	Lentils Soup
	½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Whole Grain Cheese Crackers	Wheat Bread*	Brown Rice	Wheat Bread*	Pita Bread*
Meal	Ages 1-2	Ages 3-5	Ages 6-11	<i>Extra- 1 Serv.</i>		Ranch Dressing		Ranch Dressing	
<b>Snack</b>	½ Cup**	½ Cup	1 Cup	<i>Milk/Water</i>	1% Low-Fat Unflavored Milk **	Water	1% Low-Fat Unflavored Milk **	Water	Water
	½ Cup	½ Cup	¾ Cup	<i>Fruit</i>				Diced Peaches	Apples <sup>1</sup>
	½ Cup	½ Cup	¾ Cup	<i>Vegetable</i>					
	½ oz	½ oz	1 oz	<i>Meat/Meat Alternative</i>		Hummus		Cottage Cheese	Sunbutter
	½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Graham Crackers*	Saltine Wheat Crackers*	Cold Cereal*		
<b>Menu change: MEAL &amp; COMPONENT</b> ----> Menu subject to change due to individual food availability.					Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here

<sup>1</sup> **Toddler accommodations:** Apples → Applesauce or Saltine Crackers; Pears → Diced Pears; Sliced Oranges or Fresh Tangerines → Canned Tangerines; Baby Carrots/Carrot Sticks → Shredded Carrots; Corn Tostada/Taco Shell → Corn Tortilla; Tortilla Chips → Saltine Crackers

\* Item meets whole-grain-rich requirement

\*\*Children aged 12 to 23 months received whole milk

# April 2026



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Mon 13	Tue 14	Wed 15	Thu 16	Fri 17
<b>Breakfast</b>	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **
	¼ Cup	½ Cup	½ Cup	<i>Fruit/Vegetable</i>	Diced Peaches	Frozen Strawberries	Canned Tropical Mix	Canned Fruit Mix	Applesauce in a cup
	½ oz eq	½ oz eq	1 oz eq	<i>Grain/Meat/Meat Alternative</i>	Cold Cereal*	Bagel *	Pancakes*	Low-Fat Yogurt	Wheat Bread Toast*
	Ages 1-2	Ages 3-5	Ages 6-11	<i>Extra- 1 Serv.</i>		Cream Cheese	Jelly		Butter
<b>Lunch</b>	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% low-fat unflavored milk **	1% low-fat unflavored milk **	1% low-fat unflavored milk **	1% low-fat unflavored milk **	1% low-fat unflavored milk **
	⅓ Cup	¼ Cup	¼ Cup	<i>Fruit</i>	Apples <sup>1</sup>	Sliced Oranges <sup>1</sup>	Pears <sup>1</sup>	Frozen Mango	Pineapple Tidbits
	⅓ Cup	¼ Cup	½ Cup	<i>Vegetable</i>	Mixed Salad	Spinach	Diced Tomato	Mixed Veggies	Mixed Vegetables
						Shredded Carrots	Shredded Lettuce	Shredded Lettuce	
	1 oz eq	1 ½ oz	2 oz	<i>Meat/Meat Alternative</i>	Chicken Tinga	Teriyaki Chicken	Beef Picadillo (Beef Taco)	Chicken Salad	Beef Soup
½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Corn Tortilla *	Brown Rice	Taco Shell *	Pita Bread*	Brown Rice	
<b>Meal</b>	Ages 1-2	Ages 3-5	Ages 6-11	<i>Extra- 1 Serv.</i>	Ranch Dressing	Ranch Dressing			
<b>Snack</b>	½ Cup**	½ Cup	1 Cup	<i>Milk/Water</i>	1% low-fat unflavored milk **	1% low-fat unflavored milk **	1% low-fat unflavored milk **	Water	Water
	½ Cup	½ Cup	¾ Cup	<i>Fruit</i>					
	½ Cup	½ Cup	¾ Cup	<i>Vegetable</i>					Mexican Salsa
	½ oz	½ oz	1 oz	<i>Meat/Meat Alternative</i>				String Cheese	
	½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Jungle Crackers *	Hawaiian Rolls*	Cold Cereal*	Saltine Wheat Crackers*	Tortilla Chips*
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\* Item meets whole-grain-rich requirement

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# April 2026



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Mon 20	Tue 21	Wed 22	Thu 23	Fri 24
<b>Breakfast</b>	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **	1% Low-Fat Unflavored Milk **
	¼ Cup	½ Cup	½ Cup	<i>Fruit/Vegetable</i>	Diced Peaches	Frozen Strawberries	Canned Tropical Mix	Canned Fruit Mix	Applesauce in a cup
	½ oz eq	½ oz eq	1 oz eq	<i>Grain/Meat/Meat Alternative</i>	Cold Cereal*	Low-Fat Yogurt	Waffles *	Blueberry Muffin	Raisin Bread *
	Ages 1-2	Ages 3-5	Ages 6-11	<i>Extra- 1 Serv.</i>			Jelly		Butter
<b>Lunch</b>	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% low-fat unflavored milk **	1% low-fat unflavored milk **	1% low-fat unflavored milk **	1% low-fat unflavored milk **	1% low-fat unflavored milk **
	⅛ Cup	¼ Cup	¼ Cup	<i>Fruit</i>	Apples <sup>1</sup>	Sliced Oranges <sup>1</sup>	Pears <sup>1</sup>	Frozen Mango	Pineapple Tidbits
	⅛ Cup	¼ Cup	½ Cup	<i>Vegetable</i>	California Blend Veggies	Shredded Lettuce	Carrots	Lettuce	Spinach
						Diced Tomato	Zucchini	Slided Tomato	Shredded Carrots
	1 oz eq	1 ½ oz	2 oz	<i>Meat/Meat Alternative</i>	BBQ Chicken	Chicken	Beef Stew Meat	Sliced Turkey	Chilli Bean
					Shredded Cheese		Sliced Cheddar Cheese	Ground Beef	
½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Dinner Roll *	Wheat Flour Tortilla*	Brown Rice	Wheat Bread*	Whole Grain Cheese Crackers	
<b>Meal</b>	<b>Ages 1-2</b>	<b>Ages 3-5</b>	<b>Ages 6-11</b>	<b>Extra- 1 Serv.</b>		Ranch Dressing		Mayo	Ranch Dressing
<b>Snack</b>	½ Cup**	½ Cup	1 Cup	<i>Milk/Water</i>	1% low-fat unflavored milk **	Water	1% low-fat unflavored milk **	1% low-fat unflavored milk **	Water
	½ Cup	½ Cup	¾ Cup	<i>Fruit</i>				Diced Peaches	Apples <sup>1</sup>
	½ Cup	½ Cup	¾ Cup	<i>Vegetable</i>					
	½ oz	½ oz	1 oz	<i>Meat/Meat Alternative</i>		Hummus		Cottage Cheese	Sunbutter
	½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Graham Crackers*	Saltine Wheat Crackers*	Cold Cereal*		
<b>Menu change: MEAL &amp; COMPONENT</b> ----> Menu subject to change due to individual food availability.					Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here

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**"This Institution is an Equal Opportunity Provider."**

# April 2026



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Mon 27	Tue 28	Wed 29	Thu 30
<b>Breakfast</b>	½ Cup**	¾ Cup	1 Cup	<b>Milk</b>	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	¼ Cup	½ Cup	½ Cup	<b>Fruit/Vegetable</b>	Diced Peaches	Frozen Strawberries	Applesauce in a cup	Canned Tropical Mix
	½ oz eq	½ oz eq	1 oz eq	<b>Grain/Meat/Meat Alternative</b>	Cold Cereal*	Bagel *	Pancakes*	Low-Fat Yogurt
	Ages 1-2	Ages 3-5	Ages 6-11	<b>Extra- 1 Serv.</b>		Cream Cheese	Jelly	
<b>Lunch</b>	½ Cup**	¾ Cup	1 Cup	<b>Milk</b>	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	⅝ Cup	¼ Cup	¼ Cup	<b>Fruit</b>	Apples <sup>1</sup>	Sliced Oranges <sup>1</sup>	Pears <sup>1</sup>	Frozen Mango
	⅝ Cup	¼ Cup	½ Cup	<b>Vegetable</b>	Spring Salad	Mixed Veggies	Stir-Fried Vegetables	Hominy
						Celery		Shredded Cabagge, Sliced Radish & Lemon
	1 oz eq	1 ½ oz	2 oz	<b>Meat/Meat Alternative</b>	Beans	Diced Turkey	Chicken Stir-Fried	Chicken Pozole
					Shredded Cheese			
½ oz eq	½ oz eq	1 oz eq	<b>Grain</b>	Wheat Flour Tortilla*	Whole Grain Cheese Crackers	Brown Rice	Corn Tortilla *	
<b>Meal</b>	Ages 1-2	Ages 3-5	Ages 6-11	<b>Extra- 1 Serv.</b>	Ranch Dressing	Mayo		
<b>Snack</b>	½ Cup**	½ Cup	1 Cup	<b>Milk/Water</b>	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	Water
	½ Cup	½ Cup	¾ Cup	<b>Fruit</b>				
	½ Cup	½ Cup	¾ Cup	<b>Vegetable</b>				
	½ oz	½ oz	1 oz	<b>Meat/Meat Alternative</b>				String Cheese
	½ oz eq	½ oz eq	1 oz eq	<b>Grain</b>	Jungle Crackers *	Hawaiian Rolls*	Cold Cereal*	Saltine Wheat Crackers*
<b>Menu change: MEAL &amp; COMPONENT</b> ----> Menu subject to change due to individual food availability.					Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here



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