

JULY 2026

EARLY HEAD START 0-12 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



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LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
			1. Summer Break	2. Summer Break	3. Summer Break	4. Summer Break	
5. Summer Break	6. Summer Break	7. Summer Break	8. Summer Break	9. Summer Break	10. Summer Break	11. Summer Break	
12. Summer Break	13. Summer Break	14. 	15. Exploring with containers: Give the baby safe containers of different sizes and materials to stack, tap, or explore.	16. Showing Your Baby Something Interesting: Hold your baby or place him where he can hold his head up and look at interesting things. Name each object to him.	17. Lay baby on her back and hold a colorful toy above baby's face. Call baby's name until she looks at the toy and slowly move the toy to the left and then to the right. Baby's eyes will follow.	18. Ball Toss: Sit on the floor and roll a soft ball toward baby.	
			20 Mins	20 Mins	20 Mins	20 Mins	
19. Crawling Obstacle Course: Use pillows or tunnels to encourage crawling.	20. Simple Shape Sorting: Cut holes in a cardboard box to match the shape of plastic lids or blocks.	21. Help your baby find his hands/feet by placing bright colored mittens or socks. Sow big jingle bells.	22. Texture Exploration: Offer fabrics like silk, cotton, velvet to feel and explore.	23. DIY Shakers: Fill empty plastic bottles with rice, pasta, or dried beans. Seal tightly with tape.	24. Simple Puzzle Play: Create a basic puzzle with sturdy cardboard: cut out a picture and break it into large, simple pieces.	25. Lay baby on her back. Put your face above baby's and call her name until baby turns to look at you. Stick out your tongue, move it slowly in and out of your mouth and wait for baby to imitate you.	
20 Min	20 Mins	20 Min	20 Min	20 Mins	20 Mins	20 Min	
26. Animal Sounds Game: Use stuffed animals or animal figurines and make the animal sounds (cow, dog, cat, etc.). Encourage baby to repeat or imitate the sounds.	27. Tape Pull Game: Stick masking tape or painter's tape to a tray or floor. Have baby peel it up with fingers.	28. DIY Finger Paints: Use homemade, baby-safe finger paints (mix flour, water, and food coloring).	29. Treasure basket: Fill a basket with safe, everyday items (wooden spoon, soft brush, silicone spatula) to explore different textures and materials.	30. Holding and Dropping: Offer toys that your baby can close their hand around. This encourages the baby to use their hands to grasp and release objects.	31. Searching for a Voice: Call your baby's name from a distance so they can practice locating your voice. This helps the baby learn how to locate the source of a sound.		
20 Mins	20 Min	20 Mins	20 Min	20 Min	20 Mins		