



MAY 2026

EARLY HEAD START 0-12 MONTHS FAMILY ENGAGEMENT HOME PROJECT

Childs
Name: _____
Site: _____
Class #: _____
Teacher Signature: _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
					1. Get baby objects for the baby to reach take a picture of the baby and post in LG	2. Prop your baby on a pillow. Pick 3 toys and show your baby each one. Tell him/her what it is and show him/her how to use it. Eventually your baby will be able to do it him/herself.	
					15 Mins	15 Mins	
3. Use black and white cards to stimulate vision. Take pictures and post on LG	4. Play peek-a-boo or hide toys under a cloth to build memory	5. Use an empty oatmeal container. Cut out pictures from magazines and glue them on the container. Ex: animals, toys, cars, etc. Encourage baby to roll the container while you name the pictures. 	6. Sing songs, clap hands, and shake rattles to introduce rhythm hold your child's hands to guide them take Pictures and post on LG	7. Use a small ball and a plastic container or bowl. Sit the baby in front of the container/bowl. Encourage baby to drop the ball inside the container. Praise your baby!	8. Use the same empty oatmeal container (from day 6) with the cut-out pictures from magazines and encourage baby to roll the container as you name the pictures. 	9. Encourage crawling and walking with toys that encourage movement.	
15 Mins	15 Mins	25 Mins	15 Mins	15 Mins	15 Mins	15 Mins	
10. Sing the song, "Head, Shoulders, Knees and Toes." Point to your baby's body parts. Have Pictures of body parts and have them glue on paper. Take pictures and share on LG.	11. Practice tearing paper with your child glue the pieces on a sheet of paper. Take pictures and post on LG.	12. Make a home rattle from a plastic water bottle add small rocks inside. Add tape at the top for safety. Shake it and sing with your child.	13. Disappearing Cheerio: Create your own version hiding a Cheerio under a cup and seeing if your baby can find it. This simple activity reinforces object permanence, a major concept during development.	14. Buggy finger paint: Squeeze a couple of dark colors of washable finger paint into a zippered baggy and seal tightly. Add duct tape for extra security. Spread the paint around to coat the inside of the bag, then place it on the floor in front of your baby during tummy time.	15. Gather a few sheets of paper and crumple them into a ball. Place baby in a comfortable seated position. Hold the paper ball in front of the child. Wiggle it to capture her attention. Roll the ball around where she/he can see it and reach it.	16. Read a book to your child, after reading a book encourage child to scribble with a crayon on a paper. Take picture and share on LG.	
20 Mins	20 Mins	20 Mins	15 Mins	20 Mins	20 Mins	20 Mins	
17. Gather different types of pieces of fabric. Ex: scarfs, cloth, diaper. Throw one item at a time into the air. As it floats down encourage your baby to catch it.	18. Massage your baby with soft strokes. Gently massage his arms, legs and back to remove any tension from the baby's body. Sing soft songs while you massage your baby.	19. Decorate two small boxes with two different colors of paper (different from the colors on day 3). Put both boxes in front of your baby. Pick up one box at a time and name the color.	20. Finger paint: Pour a few dots of different color of paint on a piece of construction paper and have your baby rub it all over the paper. He/she will enjoy painting.	21. Find some animals around your house name them and make the animal sound. Encourage your child to make a sound.	22. Explore the outdoors. Place your baby in a grassy area. Encourage baby to pick up his/her head or to roll over. Add toys around your baby to encourage him/her to reach or crawl.	23. Use the same oatmeal container (from day 6 & 9) to encourage baby to roll and point at the pictures. Name the pictures.	
15 Mins	No Time Allowed	30 Mins	15 Mins	20 Mins	15 Mins	10 Mins	
24. Rhyme time! Sing songs with real or made-up words that rhyme, like "thump, thump, thump, bump, bump, bump, jump, jump, jump." You might feel a little silly, but all that rhyming is another way to boost your child's language development.	25. Use a small ball and a plastic container or bowl. Sit the baby in front of the container/bowl. Encourage baby to drop the ball inside the container. Praise your baby!	26. Disappearing Cheerio: Create your own version hiding a Cheerio under a cup and seeing if your baby can find it. This simple activity reinforces object permanence, a major concept during development.	27. Get a couple of pans from your kitchen encourage your child to make music by hitting the pans with a spoon. Take pictures and post on LG	28. Explore the outdoors. Place your baby in a grassy area. Encourage baby to pick up his/her head or to roll over. Add toys around your baby to encourage him/her to reach or crawl.	29. Encourage your baby to look into your face and tell him/her how much you love him/her every day. Cuddle your baby in your arms and express your love.	30. Decorate two small boxes with two different colors of paper. Put both boxes in front of your baby. Pick up one box at a time and name the color.	
10 Mins	15 Mins	15 Mins	10 Mins	15 Mins	No Time Allowed	30 Mins	