

JULY 2026

EARLY HEAD START 12-18 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
			1. Summer Break	2. Summer Break	3 Summer Break	4 Summer Break .	
5. Summer Break	6. Summer Break	7. Summer Break	8 Summer Break	9. Summer Break	10. Summer Break	11. Summer Break	
12. Summer Break	13 Summer Break	14. Summer Break	15. Encourage families to create a paper or felt heart with their child to represent "The Kissing Hand." Children may bring it to school and keep it in their cubby.	16. Encourage families to establish a consistent goodbye routine to support transitions. Hug, kiss, fist pump.	17. Blow bubbles outside. Encourage your child to pop them, watch them float, and say words like "up," "pop," "big," and "small."	18. Let your child help place socks or washcloths into a laundry basket. Name the clothing items and colors as you work together.	
			30 Mins	30 Mins	30 Mins	20 Mins	
19. Have your child help wash fruit, stir yogurt, or place crackers on a plate. Count the pieces together.	20. Look through family photos. Name each family member and ask, "Where's grandma?" or "Can you find Daddy?"	21. Go on a nature walk and collect leaves, rocks, or flowers. Talk about how they feel (smooth, rough, soft).	22. Stand in front of a mirror together. Point to eyes, nose, mouth, ears, and make happy, sad, or surprised faces.	23. Create a picture using washable finger paint. Talk about the colors and display the artwork at home.	24. Practice five sign language, such as, all done, eat, milk, and help, during meals and playtime.	25. Walk through your home and name 10 everyday objects (chair, spoon, door, shoe).	
30 Mins	20 Mins	30 Mins	30 Mins	30 Mins	30 Mins	20 Mins	
26. Make a shaker using an empty plastic bottle and dried beans or rice. Decorate it with stickers or paper. Sing favorite nursery rhymes while shaking instrument. Moving fast, slow, loud or quiet.	27. Plant a flower or seeds in a small pot or your yard. Let your child help add soil, water the plant, and place in sunlight. Visit each day and talk about how it's growing. Take a picture for your teacher	28. Fill a tub with water and gather safe household objects. Let your child discover which item s float or sink while practicing pouring, filling, and emptying containers.	29. Visit the children's section of your local library. Read several books together, explore board books, and allow your child to choose one or two books to borrow and enjoy again at home Take a picture for your teacher.	30. Spend time at a local park exploring the playground, watching birds, collecting leaves, and practicing climbing, walking, and running. Talk about what your child observes. Take a picture for your teacher	31. In a dim room, shine a flashlight on the wall, floor, and ceiling. Follow the light together, make shadows with your hands, and talk about light and dark.		
30 Mins	1 hour	30 Mins	1 hour	1 hour	30 mins		