

AUGUST 2026

EARLY HEAD START 18-36 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



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LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
						1. Look at family photos and name people, objects, and feelings. Create a small "My Family" picture page.	
						20 mins	
2. Put ice cubes in a bowl and let child explore touching, moving, and watching them melt.	3. Let child help wash fruit, stir, or move safe ingredients. Talk about colors and textures.	4. Dance, clap, and move to favorite songs. Let child choose instruments (pots/spoons).	5. Use blocks, cups, or boxes to build towers. Count and describe sizes.	6. Name animals and make sounds. Create an animal picture page.	7. Blow bubbles and encourage pointing, chasing, and popping. Talk about size and movement.	8. Take a walk and collect safe items (leaves, sticks). Make a nature collage.	
20 Mins	30 Mins	20 Mins	20 Mins	20 Mins	20 Mins	30 Mins	
9. Play with cups, spoons, and water. Practice pouring and filling.	10. Make simple paper bag/sock puppets and talk with child.	11. Explore soft, rough, smooth items and describe them.	12. Pretend to cook using safe kitchen items. Practice new words.	13. Fill a basket with safe household items for child to explore (wooden spoon, cloth, cup). Talk about each item.	14. Plant a seed in a cup or decorate a pretend garden picture. Watch it grow together.	15. Create a family flag using paper, handprints, stickers, and family symbols.	
20 Mins	30 Mins	20 Mins	20 Mins	20 Mins	30 Mins	20 Mins	
16. Use ribbons or scarves to dance, wave, and move in different ways.	17. Help child create a picture of a favorite place (park, home, grandma's house).	18. Sort clothes by size, color, or type while talking together.	19. Take pictures of signs, trees, animals, or buildings and make a "My Neighborhood" page.	20. Create a page with child's height mark, handprint, and favorite things right now.	21. Create a garden picture using fingerprints as flowers and handprints as leaves.	22. Use sunlight or a lamp to trace shadows of toys and create a picture.	
20 Mins	20 Mins	30 Mins	20 Mins	20 Mins	30 Mins	20 Mins	
23. Use a bowl of water and sponges for squeezing, pouring, and splashing.	24. Look for safe bugs, leaves, or flowers outside. Talk about what you see and make a bug picture.	25. Make a sealed bottle with water and safe items inside for shaking and watching.	26. Make a sun using the child's handprints as the rays. Add the date and child's name.	27. Dip soft washcloths in cool water and let the child squeeze, pat their arms/legs, or play with them in a bowl. Talk about "cold," "wet," and "soft."	28. Add family pictures, drawings, and safe summer items to create a summer keepsake page.	29. Create a pretend beach with a towel, toys, water play, and beach sounds/music.	
20 Mins	30 Mins	20 Mins	20 mins	20 Mins	20 Mins	30 Mins	
30. Make a small book with pictures/drawings of summer activities your family does.	31. Take the child outside in the shade and let them hold large sidewalk chalk to make simple marks or scribbles on the ground. Talk about colors and lines.						
30 Mins	20 Mins						

