

# MAY 2026

## EARLY HEAD START 18-36 MONTHS FAMILY ENGAGEMENT HOME PROJECT

**Childs**

**Name:** \_\_\_\_\_

**Site:** \_\_\_\_\_

**Class #:** \_\_\_\_\_

**Teacher Signature:** \_\_\_\_\_



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Total Weekly
					1. On a sunny day, take your child outside and show them their shade. See if your child would like to make their shadow dance, jump, wave, crouch, run, and more. This is great practice for your child to use their listening skills and also gets them moving outside. For one last moment of fun, trace your child's shadow with chalk and together you can color in their "shadow shape". Take a photo and send it through LG.	2. Create a homemade puzzle for your child by cutting a photo of a person, pet, or place that he/she is familiar with into 3 pieces. Laminate or cover each piece in clear contact paper to make it sturdy. See if your child can put the pieces together again. (If this activity is difficult for him/her, you can provide a copy of the photo to use as a guide.) Post a picture on LG.	
					30 Mins	30 Mins	
3. Allow your child to use a drum and pick up toys he wants to play with.	4. Monster activity to string, build structures, and name shapes. They're made of felt sheets (you want the rigid ones to hold their shape). I cut out squares, triangles, and circles, put hair eyes on them, and made a slit in the center of each shape. Send photos by LG. 	5. Look at family photos taken outdoors. Recreate your child's favorite photo by drawing it. Take a picture of it and send it through LG or bring it to school.	6. Draw a hopscotch on the piece and allow your child to walk and jump around each square. 	7. Create a song or chant using funny words and sounds. Write it down and share it with your classmates at school or social	8. Create a lottery using newspaper or magazines. Play as a family and help your child find them when they are called.	9. Put tape on the floor and have your child tap on them. Form a path that he can continue to take you to another part of the house.	
30 Mins	1hr	30 min	30 Mins	30 Mins	30 Mins	30 Mins	
10. I cut out fish shapes from cardstock, attached stick/magnetic discs to each one, and made a fishing rod by wrapping a strong magnet in a piece of tulle and tying it to a pen. Take turns catching and releasing fish, and it's fun. Send photos on LG. 	11. Lines & Circles-Get out crayons & paper and while coloring sing "Wheels on the Bus", encouraging circle scribble during "wheels on the bus go round and round", horizontal lines when the "wipes on the bus go swish, swish, swish", vertical lines when "the people on the bus go up & down" and dots when the "horn on the bus goes beep, beep, beep". Skills: Fine motor, grasp, imitation skills, language, listening.	12. Wash a container of margarine and cut several circles into the lid. Using pom-poms (found at your local craft store), show your child how they can push pom-poms through the holes. For children approaching 3 years old, you can offer two different containers and pom-poms in two different colors. Your grandchild can then try sorting them in the containers by color.	13. Play hide and seek and find toys. Give your child clues and when you find him/her tell him to hide the toy and to give you clues.	14. Print out 10 pairs of matching images from the internet or use a set of stickers. Paste or paste each photo onto an index card (you should have 10 pairs of matching photos). Mix up the photos and place them face up on the floor. Together with your child, try to find matching partners. This game teaches matchmaking and turn-taking skills.	15. Cut out large green circles from the paper and spread them out on the floor. Suggest that your child pretend to be a frog and jump from lily pad to lily pad. Don't forget to "croak" together! Games like this develop physical skills and coordination while encouraging imagination and creative thinking	16. Toddlers on the obstacle course are developing balance and coordination skills and like to be active. Create an indoor obstacle course using cushions, stuffed animals, blankets, furniture, or an outdoor course using old tires, logs, tricycles, rocks, etc. Place objects so that your child has to crawl underneath, walk, jump, walk and balance, slide, slide, step, walk between them, swing, etc. Skills: Gross motor coordination, balance, motor planning, body awareness in space.	
1HR	30 Mins	30min	30 Mins	30 Mins	30 Mins	30 Mins	
17. I glued 3 different colored pieces of cardstock paper to the top of the box and made slots for the craft canes to fit in. The idea is for a toddler to insert colored craft canes of the right color into the slots. The complexity of the activity can be varied by cutting slits in different directions. Send photos by LG. 	18. Create a dance routine where your child moves forward, backward, around, jumping up, down, etc. Let your child choose the music.	19. Together with the whole family, make a book drawing favorite objects from the house to play with and share with your classmates.	20. Animal Combat/Bingo Game: Make this bingo game by gluing memory cards to 3 poster posters. Select memory cards for items that you can keep in a bag. Then we followed the rules of a bingo: I took objects out of the bag one by one and placed them on the board of who has that illustrated object. Whoever fills the board first wins the game. Another version to play this game is to combine cards (for this, you will need two identical decks of memory cards). This game is great for learning new words and letters. Send photos on LG. 	21. Prepare for a picnic somewhere in your house. Prepare vocabillos with the help of your child. Eat and have conversations.	22. Supermarket Helper : Make shopping trips fun by inviting your child to find certain items that are special to you. When you're looking for bananas, talk about how they're yellow compared to the apples you just bought, which are red. See if you can find your favorite cereal or choose word search from the cans. Have the child tell you or tell you what you bought at the market. Make a drawing. Send the photo to LG.	23. Create a box where you and your child collect things from under the bed, chair, table, etc. 	
1hr	30 Mins	1 HR	1Hr	30 Mins	30 Mins	30 Mins	
24. Discover family members in boxes. This game can be played as both a memory game and a discovery game. Younger children will have fun discovering familiar faces. You can place photos of family members in different boxes. Send photos by LG. 	25. Create a collage using magazine clips or newspapers depicting your child's favorite activities. Share with your colleagues.	26. This activity learns parts of the body. You need to crop a photo from a magazine or catalog that shows a close-up of a child's face and another that is a head-to-toe photo of a child or adult. Glue each one to sturdy cardstock and cover with cling paper. When your child has to wait (like at a restaurant or doctor's office), take the photos and ask them to "point to the baby's nose" or "point to the lady's leg." By age 3, your child may be able to name up to ten body parts.	27. Let your child set the table during mealtime. Talk about what is needed.	28. Pair Pairs: Food bag lids are great for activities. Collect different colored lids and place them in a row in an egg organizer; Ask your child to find a lid of the same color and put it next to it, and to be with the child while doing the activity. 	29. Stringing activity: Pick up kitchen paper tubes and cut them into pieces. You can also make a rope with a stick at home using a pen and string. Have the child use their fine motor to string the pieces of tubing. Take a photo and share it on LG with your teacher. 	30. Mail carrier: Use some junk mail or let your child scribble on paper and keep it in envelopes. Place a different sticker on the outside of each envelope and place them all over the house. Give your child a backpack or cloth bag and ask them to go around the house picking up the letters. Using a tissue or an empty box, poke a hole in the top of your mailbox. Then ask the child to go through their bag and "find the card for the horse", "find the card for the sun", etc., and encourage them to find the correct card with the matching sticker and leave it in the mailbox. Skills: cognitive, attention, memory, receptive/expressive language, following directions, fine motor skills.	
1Hr	1 HR	1hr	30 Mins	30 Mins	30 mins	30 Mins	