

AUGUST 2026

HEAD START 3-5 YEARS

FAMILY ENGAGEMENT HOME PROJECT

Childs
Name: _____
Site: _____
Class#: _____
Teacher Signature: _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
						1. <i>Summer Vacation</i>	
2. <i>Summer Vacation</i>	3. <i>Summer Vacation</i>	4. <i>Summer Vacation</i>	5. <i>Summer Vacation</i>	6. <i>Summer Vacation</i>	7. <i>Summer Vacation</i>	8. <i>Summer Vacation</i>	
	10. First day of class: Ask your child about their first day at school. Ask them to draw a picture of their favorite part.	11. Discuss and write a list of you and your child's likes and dislikes of different places, such as going to the doctors, birthday parties, the park etc.	12. On paper, write your child's name in large letters. Have your child decorate the paper. Place it on their wall. Review the letters of their name every day.	13. Take turns with your child, leading and following each other's directions to make different movements (Flap arms like a bird, etc.)	14. Ask your child to share what they liked about the first week of school. Have them draw a picture and tell you about what they drew.	15. In the morning, ask your child to recall what they ate for dinner the night before. Have them draw a picture if it and talk about it with you.	
	30 min	30 min	30 min	30 min	30 min	30 min	
16. Review the steps of the morning routine your child takes on the weekdays with them, including their drop off at school. Discuss why each step is important.	17. Talk to your child about things that make you feel proud. Ask your child to draw things that make them feel proud and tell you about each one.	18. Create a story with a beginning, middle and end with your child. Take the lead in creating the story and pause to let your child add in parts. Retell the story to someone.	19. Draw a happy, sad, and mad face at the top of a paper. Ask your child how different things make them feel (getting a hug etc.). As they share, write the things under the expression.	20. Have your child pick a familiar book and tell you about the story while flipping the pages. They can pretend they are the teacher and you are the student.	21. Gather different colored objects and toys from around the house and have your child sort them in different ways. By color, by shape, by what room they are normally found in, etc.	22. Visit the local library. Read a new book with them. During different parts of the story pause and ask them what they think might happen next and why.	
30 min	30 min	1 HR	1 HR	30 min	30 min	1 HR	
23. Give your child practice at shorting by only pulling their clothes out of the laundry pile and matching their socks together.	24. Dance with your child to music you both like. Label both your and your child's movements. ("You're shuffling your feet quickly")	25. Ask your child to name the rules in your house. Then ask them to explain why each one is important. If they are unclear, explain to them.	26. Brainstorm with your child one kind thing they can do for each person in the house hold or daily life. Help them do the kind acts and talk about it after.	27. Show your child a circle. Have your child go through your home and point at or take pictures of the different circle shapes they see.	28. Ask your child to list things that make them feel mad and draw a picture of the feeling. Share actions they can take to calm down when they feel mad.	29. Show your child pictures of different family members. Ask them to talk about each one they know and tell them about ones they don't know.	
30 min	30 min	30 min	30 min	30 min	30 min	30 min	
30. Using paper bags and any materials you have, make puppets with your child that display different feelings. Use them to play and discuss emotions.	31. On paper, write your child's name in large letters, stating each out loud. Have them practice writing their name underneath. Offer reassurance and praise.						
1 HR	30 min						

