

June 2026



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Mon 01	Tue 02	Wed 03	Thu 04	Fri 05
Breakfast	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	¼ Cup	½ Cup	½ Cup	<i>Fruit/Vegetable</i>	Diced Peaches	Frozen Strawberries	Applesauce in a cup	Canned Tropical Mix	Canned Fruit Mix
	½ oz eq	½ oz eq	1 oz eq	<i>Grain/Meat/Meat Alternative</i>	Cold Cereal*	Low-Fat Yogurt	Waffles *	Blueberry Muffin	Raisin Bread *
	Ages 1-2	Ages 3-5	Ages 6-11	<i>Extra- 1 Serv.</i>			Jelly		Butter
Lunch	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	⅝ Cup	¼ Cup	¼ Cup	<i>Fruit</i>	Apples ¹	Sliced Oranges ¹	Pears ¹	Frozen Mango	Pineapple Tidbits
	⅝ Cup	¼ Cup	½ Cup	<i>Vegetable</i>	California Blend Veggies	Mixed Salad	Peas & Carrots	Baby Carrots ¹	Mixed Veggies
	1 oz eq	1 ½ oz	2 oz	<i>Meat/Meat Alternative</i>	Grilled Chicken	Diced Turkey	Steak Ranchero	Sunbutter & Jelly	Lentils Soup
	½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Whole Grain Cheese Crackers	Wheat Bread*	Brown Rice	Wheat Bread*	Pita Bread*
Meal	Ages 1-2	Ages 3-5	Ages 6-11	<i>Extra- 1 Serv.</i>		Ranch Dressing		Ranch Dressing	
Snack	½ Cup**	½ Cup	1 Cup	<i>Milk/Water</i>	1% Low-Fat Unflavored Milk**	Water	1% Low-Fat Unflavored Milk**	Water	Water
	½ Cup	½ Cup	¾ Cup	<i>Fruit</i>				Diced Peaches	Apples ¹
	½ Cup	½ Cup	¾ Cup	<i>Vegetable</i>					
	½ oz	½ oz	1 oz	<i>Meat/Meat Alternative</i>		Hummus		Cottage Cheese	Sunbutter
	½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Graham Crackers*	Saltine Wheat Crackers*	Cold Cereal*		
Menu change: MEAL & COMPONENT ----> Menu subject to change due to individual food availability.					Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here	Place Menu Changes sticker here

¹ Toddler accommodations: Apples → Applesauce or Saltine Crackers; Pears → Diced Pears; Sliced Oranges or Fresh Tangerines → Canned Tangerines; Baby Carrots/Carrot Sticks → Shredded Carrots; Corn Tostada/Taco Shell → Corn Tortilla; Tortilla Chips → Saltine Crackers

* Item meets whole-grain-rich requirement

**Children aged 12 to 23 months received whole milk



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Mon 08	Tue 09	Wed 10	Thu 11	Fri 12
Breakfast	½ Cup**	¾ Cup	1 Cup	Milk	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	¼ Cup	½ Cup	½ Cup	Fruit/Vegetable	Diced Peaches	Frozen Strawberries	Canned Tropical Mix	Canned Fruit Mix	Applesauce in a cup
	½ oz eq	½ oz eq	1 oz eq	Grain/Meat/Meat Alternative	Cold Cereal*	Bagel *	Pancakes*	Low-Fat Yogurt	Wheat Bread Toast*
	Ages 1-2	Ages 3-5	Ages 6-11	Extra- 1 Serv.		Cream Cheese	Jelly		Butter
Lunch	½ Cup**	¾ Cup	1 Cup	Milk	1% low-fat unflavored milk**	1% low-fat unflavored milk**	1% low-fat unflavored milk**	1% low-fat unflavored milk**	1% low-fat unflavored milk**
	⅛ Cup	¼ Cup	¼ Cup	Fruit	Apples ¹	Sliced Oranges ¹	Pears ¹	Frozen Mango	Pineapple Tidbits
	⅜ Cup	¼ Cup	½ Cup	Vegetable	Mixed Salad	Spinach	Diced Tomato	Mixed Veggies	Mixed Vegetables
						Shredded Carrots	Shredded Lettuce	Shredded Lettuce	
	1 oz eq	1 ½ oz	2 oz	Meat/Meat Alternative	Chicken Tinga	Teriyaki Chicken	Beef Picadillo (Beef Taco)	Chicken Salad	Beef Soup
						Shredded Cheese			
½ oz eq	½ oz eq	1 oz eq	Grain	Corn Tortilla *	Brown Rice	Taco Shell *	Pita Bread*	Brown Rice	
Meal	Ages 1-2	Ages 3-5	Ages 6-11	Extra- 1 Serv.	Ranch Dressing	Ranch Dressing			
Snack	½ Cup**	½ Cup	1 Cup	Milk/Water	1% low-fat unflavored milk**	1% low-fat unflavored milk**	1% low-fat unflavored milk**	Water	Water
	½ Cup	½ Cup	¾ Cup	Fruit					
	½ Cup	½ Cup	¾ Cup	Vegetable					Mexican Salsa
	½ oz	½ oz	1 oz	Meat/Meat Alternative				String Cheese	
	½ oz eq	½ oz eq	1 oz eq	Grain	Jungle Crackers *	Hawaiian Rolls*	Cold Cereal*	Saltine Wheat Crackers*	Tortilla Chips*
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* Item meets whole-grain-rich requirement

**Children aged 12 to 23 months received whole milk



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Mon 15	Tue 16	Wed 17	Thu 18	Fri 19
Breakfast	½ Cup**	¾ Cup	1 Cup	Milk	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	¼ Cup	½ Cup	½ Cup	Fruit/Vegetable	Diced Peaches	Frozen Strawberries	Canned Tropical Mix	Canned Fruit Mix	Applesauce in a cup
	½ oz eq	½ oz eq	1 oz eq	Grain/Meat/Meat Alternative	Cold Cereal*	Low-Fat Yogurt	Waffles *	Blueberry Muffin	Raisin Bread *
	Ages 1-2	Ages 3-5	Ages 6-11	Extra- 1 Serv.			Jelly		Butter
Lunch	½ Cup**	¾ Cup	1 Cup	Milk	1% low-fat unflavored milk**	1% low-fat unflavored milk**	1% low-fat unflavored milk**	1% low-fat unflavored milk**	1% low-fat unflavored milk**
	⅝ Cup	¼ Cup	¼ Cup	Fruit	Apples ¹	Sliced Oranges ¹	Pears ¹	Frozen Mango	Pineapple Tidbits
	⅝ Cup	¼ Cup	½ Cup	Vegetable	California Blend Veggies	Shredded Lettuce	Carrots	Lettuce	Spinach
						Diced Tomato	Zucchini	Slided Tomato	Shredded Carrots
	1 oz eq	1 ½ oz	2 oz	Meat/Meat Alternative	BBQ Chicken	Chicken	Beef Stew Meat	Sliced Turkey	Chilli Bean
						Shredded Cheese		Sliced Cheddar Cheese	Ground Beef
½ oz eq	½ oz eq	1 oz eq	Grain	Dinner Roll *	Wheat Flour Tortilla*	Brown Rice	Wheat Bread*	Whole Grain Cheese Crackers	
Meal	Ages 1-2	Ages 3-5	Ages 6-11	Extra- 1 Serv.		Ranch Dressing		Mayo	Ranch Dressing
Snack	½ Cup**	½ Cup	1 Cup	Milk/Water	1% low-fat unflavored milk**	Water	1% low-fat unflavored milk**	1% low-fat unflavored milk**	Water
	½ Cup	½ Cup	¾ Cup	Fruit				Diced Peaches	Apples ¹
	½ Cup	½ Cup	¾ Cup	Vegetable					
	½ oz	½ oz	1 oz	Meat/Meat Alternative		Hummus		Cottage Cheese	Sunbutter
	½ oz eq	½ oz eq	1 oz eq	Grain	Graham Crackers*	Saltine Wheat Crackers*	Cold Cereal*		
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* Item meets whole-grain-rich requirement

**Children aged 12 to 23 months received whole milk

June 2026



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Mon 22	Tue 23	Wed 24	Thu 25	Fri 26
Breakfast	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	¼ Cup	½ Cup	½ Cup	<i>Fruit/Vegetable</i>	Diced Peaches	Frozen Strawberries	Applesauce in a cup	Canned Tropical Mix	Canned Fruit Mix
	½ oz eq	½ oz eq	1 oz eq	<i>Grain/Meat/Meat Alternative</i>	Cold Cereal*	Bagel *	Pancakes*	Low-Fat Yogurt	Wheat Bread Toast*
	Ages 1-2	Ages 3-5	Ages 6-11	<i>Extra- 1 Serv.</i>		Cream Cheese	Jelly		Butter
Lunch	½ Cup**	¾ Cup	1 Cup	<i>Milk</i>	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	⅓ Cup	¼ Cup	¼ Cup	<i>Fruit</i>	Apples ¹	Sliced Oranges ¹	Pears ¹	Frozen Mango	Pineapple Tidbits
	⅓ Cup	¼ Cup	½ Cup	<i>Vegetable</i>	Spring Salad	Mixed Veggies	Stir-Fried Vegetables	Hominy	Lettuce
						Celery		Shredded Cabagge, Sliced Radish & Lemon	Slided Tomato
	1 oz eq	1 ½ oz	2 oz	<i>Meat/Meat Alternative</i>	Beans	Diced Turkey	Chicken Stir-Fried	Chicken Pozole	Sliced Turkey
					Shredded Cheese				Sliced Cheddar Cheese
½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Wheat Flour Tortilla*	Whole Grain Cheese Crackers	Brown Rice	Corn Tortilla *	Wheat Bread*	
Meal	Ages 1-2	Ages 3-5	Ages 6-11	<i>Extra- 1 Serv.</i>	Ranch Dressing	Mayo			Mayo
Snack	½ Cup**	½ Cup	1 Cup	<i>Milk/Water</i>	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**	Water	Water
	½ Cup	½ Cup	¾ Cup	<i>Fruit</i>					
	½ Cup	½ Cup	¾ Cup	<i>Vegetable</i>					Mexican Salsa
	½ oz	½ oz	1 oz	<i>Meat/Meat Alternative</i>				String Cheese	
	½ oz eq	½ oz eq	1 oz eq	<i>Grain</i>	Jungle Crackers *	Hawaiian Rolls*	Cold Cereal*	Saltine Wheat Crackers*	Tortilla Chips*
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**Children aged 12 to 23 months received whole milk

June 2026



Meal	Ages 1-2	Ages 3-5	Ages 6-11	Component	Mon 29	Tue 30
Breakfast	½ Cup**	¾ Cup	1 Cup	Milk	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	¼ Cup	½ Cup	½ Cup	Fruit/Vegetable	Diced Peaches	Frozen Strawberries
	½ oz eq	½ oz eq	1 oz eq	Grain/Meat/Meat Alternative	Cold Cereal*	Low-Fat Yogurt
	Ages 1-2	Ages 3-5	Ages 6-11	Extra- 1 Serv.		
Lunch	½ Cup**	¾ Cup	1 Cup	Milk	1% Low-Fat Unflavored Milk**	1% Low-Fat Unflavored Milk**
	⅛ Cup	¼ Cup	¼ Cup	Fruit	Apples ¹	Sliced Oranges ¹
	⅛ Cup	¼ Cup	½ Cup	Vegetable	California Blend Veggies	Mixed Salad
	1 oz eq	1 ½ oz	2 oz	Meat/Meat Alternative	Grilled Chicken	Diced Turkey
	½ oz eq	½ oz eq	1 oz eq	Grain	Whole Grain Cheese Crackers	Shredded Cheese
Meal	Ages 1-2	Ages 3-5	Ages 6-11	Extra- 1 Serv.		Ranch Dressing
Snack	½ Cup**	½ Cup	1 Cup	Milk/Water	1% Low-Fat Unflavored Milk**	Water
	½ Cup	½ Cup	¾ Cup	Fruit		
	½ Cup	½ Cup	¾ Cup	Vegetable		
	½ oz	½ oz	1 oz	Meat/Meat Alternative		Hummus
	½ oz eq	½ oz eq	1 oz eq	Grain	Graham Crackers*	Saltine Wheat Crackers*
Menu change: MEAL & COMPONENT ----> Menu subject to change due to individual food availability.					Place Menu Changes sticker here	Place Menu Changes sticker here



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