

AUGUST 2026

PRENATAL PROGRAM

FAMILY ENGAGEMENT

HOME PROJECT

Parent's Name: _____

Site: _____ Class #: _____

Teacher's Signature: _____



TOPIC: Pregnancy Belly Painting Activity 1

Why this activity? Pregnancy belly painting can be a creative and fun way to celebrate your growing bump. You can paint a beautiful design or a funny picture, depending on your mood.

What we need:

- Non-toxic paints designed for this purpose (Belly Painting Kit).
- Brushes

How we do it? There are special non-toxic paints designed for this purpose. Make a day of it by inviting your friends over and take turns painting each other's bellies. This is not only a unique way to celebrate your pregnancy but also creates a memorable keepsake of this special time.



See attached link:

<https://a.co/d/0jeSeJoU>

5 hours.

TOPIC: Create a Maternity Photo Album Activity 2

Why this activity? A maternity photo album is a unique and memorable way to celebrate your pregnancy. It can be as simple or elaborate as you wish. Consider asking a friend with a good eye to take the photos.

What we need:

- Location to take the photos
- Camera or cell phone

How we do it? Choose a location that is meaningful to you, such as your home, a beautiful outdoor location, or the nursery



2 hours.

WEEKLY TOTALS

TOTAL HRS 7 hours

Parent Name: _____ Parent Signature: _____

**** The project must reflect the time indicated on the sheet.**