

Baby bonding: Infant Massage Virtual Classes

Every Thursday for 5 classes
October 22 - November 19 from 10:30am-11:30am



For babies between 1 month
to 24 months old enrolled in
VOALA

You will be massaging your
baby with different massage
strokes through the
facilitator's instructions.

NOTIFY YOUR
FAMILY ADVOCATE
TO SIGN UP

Facilitated by
Amanda Ramirez, Certified Educator of
Infant Massage



- Establish secure attachment
- Relieve baby's teething and tummy discomfort
- Connect with other parents